



HEATHROW DIRECTOR	
APP	119.730, 120.400°, 127.525°*, 134.980°
TWR	118.505, 118.705°, 124.475°*
RAD	125.625°, 127.525°*
ATIS	128.080, 113.750, 117.000
* See EGLL AD 2.18 for details.	

WAYPOINTS	
SIRIC	: 512036.17N 0013358.89W
CPT	: 512929.66N 0011310.89W
BNN	: 514334.19N 0003259.10W

TRANSITION ALTITUDE	6000
TRANSITION LEVEL	ATC
AREA MIM ALT (x100)	37

ROUTE DESIGNATOR	VIA	ROUTE
SIRIC 1Z	ATC	SIRIC - CPT - BNN
		SIRIC FL140
		BNN FL70

- GENERAL INFORMATION
- Standard Routes may be varied at the discretion of ATC.
 - Adhere to maximum speed limits where specified by waypoint constraints.
 - Maximum 250KIAS below FL100 unless authorised by ATC.
 - Aircraft may be instructed "Direct to" (waypoint) following radar vectoring.
 - The routes shown also apply to aircraft inbound to **Northolt** and **Denham**.
 - SIRIC 1Z** is an overheard procedure to be used only when instructed by ATC. Not to be used for flight planning purposes.

DESCENT PLANNING
Pilots should plan for possible descent clearance as detailed in the table below.
ACTUAL DESCENT CLEARANCE WILL BE AS DIRECTED BY ATC.

WARNING
For Minimum Descent Rate requirements See ENR 1.1 para 3.2.

WARNING
Do not proceed beyond BNN without ATC clearance.

MAX 220KIAS up to and including FL140
STD speeds FL150 and above
1.5 MIN HOLDING