

# RNAV Hold Coding Tables

## London Heathrow OCK Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Waypoint Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
OCK	-	-	OCK	511818.17N 0002649.86W	Y	328° (328.5°)	0.4	1MIN up to FL140. 1.5MIN FL150.	RIGHT	-F150 +F070	-220*	RNAV1/ RNAV5

\*up to and including FL140  
std speeds FL150

## London Heathrow OCTIZ Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Waypoint Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
OCTIZ	-	-	OCTIZ	512425.86N 0022753.73W	Y	096° (096.1°)	0.4	1.5MIN	LEFT	-F240 +F160	-240	RNAV1

## London Heathrow SABER Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Waypoint Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
SABER	-	-	SABER	514213.76N 0005658.19E	Y	263° (263.0°)	0.4	1MIN up to FL140. 1.5MIN FL150+.	LEFT	-F170 +F130	-220*	RNAV5

\*up to and including FL140  
std speeds FL150 and above

## London Heathrow TIGER Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Waypoint Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
TIGER	-	-	TIGER	510401.82N 0002621.54E	Y	315° (315.9°)	0.4	1.5MIN	RIGHT	-F240 +F150	-	RNAV5

## London Heathrow WCO Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Waypoint Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
WCO	-	-	WCO	515110.51N 0005744.67W	Y	188° (188.4°)	0.4	1MIN up to FL140. 1.5MIN FL150+.	RIGHT	-F200 +F090	-220*	RNAV1/ RNAV5

\*up to and including FL140  
std speeds FL150 and above