



APP	119.730, 120.400*, 127.525*, 134.980*	HEATHROW DIRECTOR
TWR	118.505, 118.705*, 124.475*	HEATHROW TOWER
RAD	125.625*, 127.525*	HEATHROW RADAR
ATIS	128.080, 113.750, 117.000	HEATHROW INFORMATION

* See EGLL AD 2.18 for details.

TRANSITION ALTITUDE	6000
TRANSITION LEVEL	ATC
AREA MNM ALT (x100)	24

WARNING
Do not proceed beyond BIG without ATC clearance.

DESCENT PLANNING
Pilots should plan for possible descent clearance as detailed in the table below.
ACTUAL DESCENT CLEARANCE WILL BE AS DIRECTED BY ATC.

WARNING
For Minimum Descent Rate requirements See ENR 1.1 para 3.2.

WAYPOINTS	
ALESO	: 503432.24N 0011331.50E
ROTN0	: 505126.07N 0004641.20E
ETVAX	: 505806.99N 0003556.27E
TIGER	: 510401.82N 0002621.54E
LLE01	: 511113.96N 0001521.68E
TANET	: 512658.00N 0005531.99E
DET	: 511814.41N 0003550.19E
LLE02	: 511857.68N 0002109.87E
LAM	: 513845.69N 0000906.13E
HILLY	: 512006.04N 0001437.38E
BIG	: 511951.15N 0000205.32E

ROUTE DESIGNATOR	VIA	ROUTE	LEVELS
ALESO 1H	T420	ALESO - ROTNO - ETVAX - TIGER - LLE01 - BIG	ETVAX FL180 BIG FL70
LAM 1X	-	LAM - HILLY, then turn right to intercept course 302° to BIG	BIG FL70
TANET 1Z	-	TANET - DET - LLE02 - BIG	BIG FL70

- GENERAL INFORMATION**
- Standard Routes may be varied at the discretion of ATC.
 - Adhere to maximum speed limits where specified by waypoint constraints.
 - Aircraft may be instructed "Direct to" (waypoint) following radar vectoring.
 - The routes shown also apply to aircraft inbound to Northolt and Denham.
 - STAR LAM 1X and TANET 1Z are overload procedures to be used only when instructed by ATC. Not to be used for flight planning purposes.

CHANGE (13/22): AREA MNM ALTITUDE REVISED.