

RNAV Hold Coding Tables

East Midlands ROKUP Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Waypoint Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
ROKUP	-	-	ROKUP	530102.13N 0013057.29W	Y	292° (291.5°)	-0.0	1MIN	RIGHT	-F140 +F080	-220	RNAV1

East Midlands PIGOT Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Waypoint Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Distance (NM)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
PIGOT	-	-	PIGOT	522942.57N 0010407.08W	Y	185° (185.0°)	-0.0	5.5NM	LEFT	-F120 +F080	-220	RNAV5