

SOUTHERN ENGLAND & WALES
Frequency Reference Card - AIRPAC 11/2025 (30 Oct 2025)

AEEODROME						AEEODROME						AEEODROME					
Alderney	EGJA	INDICATOR	RAD/APP	TWR	AFIS	A/G	Little Risington	EGVL	INDICATOR	RAD/APP	TWR	AFIS	A/G				
Andersby Hill	EGSL			125.355		131.700	Little Snoring						120.780				
Badrington	EGYE	124.455(M)	120.430			130.555	Liverpool	EGCP	119.955	126.355			118.130				
Barkston Heath	EGSM					123.180	Llandudno	EGDP					118.930				
Becles	EGBF					120.380	London City	EGLC	132.700	116.080							
Bedford	EGHJ					119.030	London Gatwick	EKKK	126.825	124.230							
Bembidge	EGUJ					123.255	London Heathrow	EGLL	119.730	118.505							
Benson	EGUB	120.905(M)	127.155				London Hellipport	EGLW	134.280								
Bicester						118.390	London Luton	EGGW	129.550	132.555							
Biggin Hill	EGKB	129.405	134.805				London Stansted	EGSS	120.625	123.805							
Birmingham	EGBB	123.980	118.305				Lydd	EGCD	120.705	119.390							
Blackbushe	EGLK			122.305	122.305		Manchester Barton	ECDB	118.580	116.830	120.255						
Bodmin	EGDM	126.705(M)	130.755			120.330	Manston Hill	EGVM	124.155(M)	116.330		119.930					
Boscombe Down	EGHM			125.605		125.605	Marham	EGDI		122.100							
Bournemouth	EGLP	119.480	125.605			135.130	Merryfield	EGVP	123.300	118.605							
Brimpton	EGGD	125.650	133.850				Middle Wallop	EGWJ			122.550						
Bristol	EGVN	119.005(M)	122.730				Mildenhall	EGOQ			119.180	118.955					
Brize Norton	EGCK					122.255	More*	EGOO									
Caernarfon	EGSC	120.965	125.905				Nanchiwyd	EGDN					130.380				
Cambridge	EGPF	119.155	133.105				Netherpton	EGNF		128.305	128.305						
Cardiff	EGFC					120.655	Netherthorpe	EGNQ	133.405	134.380							
Cardiff Tremorfa	EGLJ	125.410				125.410	Newquay	EGSX					123.530				
Chalgrove	EGKE					118.685	North Weald	EGBK					122.705				
Challow	EGKE						Northampton'swell	EGWU	126.450	120.675							
Chichester/Goodwood	EGHR		122.455				Northolt	EGWJ									
Chivenor	EGSQ					118.155	Norwich	EGSH	119.355	124.255							
Chivenor Common	EGHA					119.395	Nottingham	EGBN					134.880				
Compton Abbas	EGXC	119.205(M)	124.680			122.710	Nottingham	EGTW					132.230				
Coningsby	EGWC						Oaksey Park	EGVO	131.305(M)	119.230							
Cosford	EGBE	135.880	128.655				Oldham	EGSV			124.405						
Covey	EGTC					123.830	Old Buckenham	EGLS			129.905						
Cranfield	EGTC	122.855	134.930				Old Sarum	EGTH			130.705						
Cranwell	EGVD	124.455(M)	126.055				Old Warden	EGTK	125.090	133.430							
Crowfield	EGDR					122.775	Oxford						124.965				
Culdrose	EGML	134.055(M)	122.100				Parham	EGRP			124.400						
Danys Hall	EGKL					119.555	Pembrey	EGTP			119.735						
Deanland	EGLD					129.730	Perranporth	EGSF			129.730						
Denham	EGBD	130.730				118.335	Peterborough/Conington	EGHP			120.330						
Derby	EGTU					123.480	Peterborough/Sibson	EGDP			129.805						
Dunswell	EGTU					119.105	Popham	EGDP			122.130						
Dunsfold	EGTD					119.905	Pordman Hillport	EGOR									
Dunsfold Downs	EGSU					122.080	Predannack	EGOR	134.055	122.100							
Duxford	EGHU		122.080			123.010	Redhill	EGRK		116.605			130.480				
Eggescott	EGSR					122.430	Redford Garrison	EGNE									
Easts Colne	EGSN						Rochester	EGTO			122.255						
East Midlands	EGNX	134.180	124.005				St Albans**	EGHY		122.865							
Elstree	EGTR		122.405			122.405	Scilly Isles/St Marys	EGSE	124.880	124.880	118.435						
Enstone	EGTN					129.880	Seething	EGSJ			128.380						
Exeter	EGTE	128.980	118.805				Shackwell Lodge	EGSE					132.255				
Fairford	EGVA		124.800			123.430	Shawbury	EGSA					132.255				
Farnborough	EGTF						Shobdon	EGBS			118.155						
Farnborough	EGLF	133.440	122.780			122.930	Shoreham	ECKA	123.155	125.405			123.155				
Finland	EGCL						Silverstone Hillport	EGBV			123.330						
Fleetlands	EGVF					135.705	Skegness						130.280				
Fowlmere	EGMA	128.555	122.905			135.705	Skyports Hillport (London)	EGCV					132.430				
Gloucestershire	EGBJ					131.280	Sleep	EGCV					122.455				
Gransden Lodge						123.205	Southampton***	EGHI	122.730	116.205							
Great Oakley						130.430	Southend	EGMC	130.780	127.730							
Grove Farm							Stapleford	EGSG					122.805				
Guernsey	EGJB	128.655	119.955			130.430	Stow Maries	EGCS					130.305				
Heaton	EGWN					123.605	Sturgate	EGCS			119.705						
Heverdownest	EGFE						Swansea	EGGH					128.530				
Harwarden	EGNR	120.055	124.955			130.255	Syerston	EGKY			124.080						
Henstridge	EGHS					124.105	Tatenhill	EGBM									
Honington	EGXH					127.580	Tern Hill	EGOE			122.100						
Husdon Bosworth						119.280	Thuxton	EGHO					118.280				
Isle of Wight/Sandown	EGHN						Tilstock	EGGT			118.105						
Jersey	EGUJ	120.305	119.455				Tresco	EGHT			118.205						
Kenilbe	EGBP					118.430	Turneston	EGBT			122.180						
Kenley	EGKN					119.760	Upton****	EGUJ			124.105						
Kittyhawk	EGKF					118.285	Valley	EGOV	125.230(M)	122.100							
Lakenheath	EGUL	128.900(M)	122.100				Waddington	EGXW	119.505(M)	121.305							
Land's End	EGHC		120.255			131.030	Watlington	EGUW	125.805	116.210			125.805				
Lasham	EGHL					122.210	Wellbourne Mountford	EGBW			124.030						
Lashenden/Headcom	EGKH						Welshpool	EGCW					128.005				
Lee-on-Solent	EGHF					118.930	More - Initial contact frequency refer to Valley										
Leicester	EGBG					122.130	**Ss Athen - Initial contact frequency refer to Cardiff										
Little Gransden	EGMJ					130.855	***Southampton/Solent - Initial contact frequency is 120.230										
*Fairford - Initial contact frequency refer to Brize Norton							****Upton - Salisbury Information 122.755										
(M) = MATZ Crossing Frequency																	

SOUTHERN ENGLAND & WALES

Frequency Reference Card - AIRAC 11/2025 (30 Oct 2025)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
West Wales/Aberporth	EGFA			122.155	122.155
White Waltham	EGLM				122.605
Wickentby	EGNV				122.455
Withering	EGXT			119.680(M)	127.980
Wolverhampton/	EGBO				123.005
Halfpenny Green	EGTB				126.555
Wycombe Air Park/Booker	EGUY			130.805	125.405
Wyllon	EGHG				126.855
Yeovil/Westland	EGDY			127.355(M)	120.805
Yeovilton					

(M) = MATZ Crossing Frequency

SPECIAL USE AREA CROSSING SERVICE (SUACS)

D001.....	CULDRHOSE APP 134.055; Outside times SUAAS via LONDON INFO 124.750MHz
D003, D004, D006A-C, D007A-C, D008A-C, D009A & D009B	PLYMOUTH MIL 121.255; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D005A & D005B.....	CULDRHOSE APP 134.055; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D012, D013, D014, D017, D021, D023, D031, D036.....	PLYMOUTH MIL 124.150MHz; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D037, D038, D039, D040	PEMBREY RANGE 122.755; Outside times LONDON INFORMATION 124.750MHz
D118.....	BOSCOMBE DOWN ZONE 126.705
D120, D122A-C.....	BOSCOMBE DOWN ZONE 126.705
*D123, *D124, *D125.....	BOSCOMBE DOWN ZONE 126.705; Outside times
*D126, *D127 & *D128.....	LONDON INFORMATION 124.750MHz
D129.....	OXFORD APP 125.090
D148.....	BOSCOMBE DOWN ZONE 126.705
D201A, D201B, *D201C, *D201D, D201F, D201G, *D201H, *D201I, D201K, D202A, D202B, D202C & D202D	ABERPORTH RADAR 120.855MHz or WEST WALES RADAR 127.090
*D207.....	HOLBEACH RANGE 122.755
D218A.....	BRIZE RADAR 124.280
D218B.....	BRIZE RADAR 124.280 below FL160; SWANWICK MIL 128.700MHz at/below FL160
D218C.....	SWANWICK MIL 128.700MHz
D220A & D220B.....	MARHAM ATC 124.155
*D307.....	DONNA NOOK RANGE 122.755
D324A & D324B.....	WADDINGTON ATC 119.505
SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAS)	
D001, D003, D004, D006A-C, D007A-C, D008A-C, D009A & B, *D011A-C, D012, D013, D014, *D015, D017, D021, D023 & D031	LONDON INFORMATION 124.750MHz
D005A & D005B.....	SWANWICK MIL via LONDON INFO 124.750MHz
*D026.....	PLYMOUTH MIL 124.150MHz
D036.....	LONDON INFO 124.750MHz/124.600MHz or SOUTHAMPTON or JERSEY ATISus
D037, D038, D039 & D040.....	LONDON INFO 124.750MHz/124.600MHz
*D044.....	LYDD APP 120.705**
D064B-C, D110, *D113A-B, *D115A-B & *D117	EXETER APP 128.980MHz*
D18.....	LONDON INFORMATION 124.750MHz
D19.....	PEMBREY RANGE 122.755*
D120, D122A-C.....	YEovilTON APP 127.335*
*D123, *D124, *D125.....	BOSCOMBE DOWN ZONE 126.705
*D126 & *D128.....	SALISBURY INFORMATION 122.755*
D129.....	BOSCOMBE DOWN ZONE 126.705*
*D130, *D132, D133-B, *D136, *D136A, D138B, *D138C & *D138D	BRIZE ZONE 119.005
*D139.....	FARNBOROUGH RAD 133.440MHz**
*D141.....	SOUTHEAST APP 130.780**
D147, D148, *D203, D211 & D216.....	LONDON INFORMATION 124.600MHz
D201A, D201B, *D201C, *D201D, D201F, D201G, *D201H, *D201I, D201K, D202A-D	LYDD APP 120.705**
D220A, D220B & D305.....	LONDON INFORMATION 124.750MHz
OUTSIDE TIMES [* LONDON INFORMATION 124.600MHz ** LONDON INFORMATION 124.600MHz	

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAS) continued

*D207.....	HOLBEACH RANGE 122.755**
*D208.....	LAKEHEATH ZONE 128.900MHz
D213.....	COVENTRY INFORMATION 123.830MHz**
D217A-K.....	LLANBEDR INFORMATION 118.930
D218A-C.....	LONDON INFORMATION 124.750MHz
*D304 & D314.....	MANCHESTER APP 118.580
*D307.....	DONNA NOOK RANGE 122.755**
D324A & D324B.....	LONDON INFORMATION 124.600MHz
OUTSIDE TIMES [* LONDON INFORMATION 124.750MHz ** LONDON INFORMATION 124.600MHz	

LOWER AIRSPACE RADAR SERVICE (LARS) (See UK AIR ENR 1.6)

Boscombe Down	126.705(M)	Marham	124.155(M)
Bournemouth	119.480	Newquay	133.405
Brize Norton	124.280	Norwich	119.355
Cardiff	119.155	Plymouth Mill West	121.255
Corningsby	119.205(M)	Plymouth Mill East	124.150
Culdrose	134.055(M)	Sharnbury	133.155(M)
East Midlands	134.180	Southend	130.780
Exeter	128.980	Valley	126.230(M)
Farnborough West	125.250	Waddington	119.505(M)
Farnborough East	123.225	Yeovilton	127.355(M)
Farnborough North	132.800		

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UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

DROP ZONE	NATSU	AD or Alt Freq.
Becles	Norwich ATC	119.355** A/G 120.380
Boscombe Down	Boscombe Down ATC	126.705 TYWR 130.755
Chalgrove	Benson ATC	120.905* A/G 125.410
Chatteris	London Control	124.600 A/G 129.905
Dunkeswell	Exeter ATC	128.980* A/G 129.905 or 123.480
Hinton-in-the-Hedges	Brize Norton ATC	124.280 A/G 119.455 or 129.905
Keelil	Brize Norton ATC	124.280
Langer	East Midlands ATC	134.180** A/G 122.240
Lashenden/Headcorn	Headcorn Radio	122.210
Llanbedr	Valley Radar	125.230* A/G 118.930
Netheravon	Netheravon DZ	128.305 A/G 129.905
Old Sarum	London Control	124.750 A/G 119.755
Perranporth	Newquay ATC	133.405 A/G 129.905 or 120.330
Peterborough/Silsdon	Marham ATC	124.155** A/G 129.905 or 120.330
South Caney	Brize Norton ATC	124.280 A/G 129.905
Swansea	Cardiff ATC	119.155* A/G 129.905
Tilstock	Sharnbury ATC	133.155 A/G 118.100
Weston on the Green	Brize Norton ATC	124.280 A/G 133.650
If unable to establish [* London information 124.750 contact outside times ** London information 124.600		

LISTENING SQUARES (For SSR Operating Procedures see UK AIR ENR 1.6)

	Code	Monitor	Code	Monitor
Birmingham	0010	123.980	London City/Thames	0012 132.700
Bournemouth	0011	119.480	London Gatwick	7012 126.825
Bristol	5077	126.650	London Luton	0013 129.550
Brize Norton	3727	124.280	London Stansted	7013 120.625
Cardiff	3636	119.155	Manchester	7366 118.580
East Midlands	4572	134.180	Norwich	7350 119.355
Farnborough LARS West	4572	126.250	Oxford	4517 125.090
Harwarden	4607	120.055	Southampton/Solent	7011 120.230
Liverpool	5060	119.855	Southend	5050 130.780

VALIDITY OF AERONAUTICAL INFORMATION

Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 11/2025 (30 Oct 2025). Updates to 1:500,000 Southern England & Wales are currently available at www.nats.aero/aia/s/r/s_eng. Users are requested to refer corrections to this document to vtcharts@nats.co.uk.

