

SOUTHERN ENGLAND & WALES
Frequency Reference Card - AIRAC 10/2026 (01 Oct 2026)

AERODROME					AERODROME				
INDICATOR	RAD/APP	TWR	AFIS	AG	INDICATOR	RAD/APP	TWR	AFIS	AG
Altomorsury Hill	EGJA	123.355		131.560	Little Risington	EGYL			120.780
Andersfield	EGSL			130.555	Liverpool	EGGP	119.855	126.355	116.130
Badminton	EGVE	124.455(M)	120.430	123.180	Llanbedr	EGPD			116.930
Barkston Heath	EGVM				London City	EGLC	132.700	118.080	
Becles	EGBE				London Gatwick	EGKK	126.825	124.230	
Bedford	EGBF				London Heathrow	EGLL	119.730	118.505	
Bembridge	EGHJ				London Heliport	EGLW		134.280	
Benson	EGUB	120.905(M)	127.155	123.255	London Luton	EGGW	126.550	132.555	
Bicester					London Stansted	EGSS	120.625	123.805	
Biggin Hill	EGKB	134.805	134.805	118.390	Lydd	EGMD	120.625	119.380	
Birmingham	EGBB	123.980	118.305		Manchester	EGCB	118.580	118.630	120.255
Blackbushe	EGLK		122.305	120.330	Manchester/Barton				119.930
Bodm	EGLA				Mansford Hill	EGWM	124.155(M)	118.330	
Boscombe Down	EGDM	126.705(M)	130.755		Marham	EGDI		122.100	
Bournemouth	EGHH	119.480	126.605	125.605	Merryfield	EGPJ		122.605	
Brimpton	EGLP			135.130	Middle Wallop	EGVP	123.300	118.605	
Bristol	EGGD	125.655	133.855		Milkenhall	EGJN		122.550	
Brize Norton	EGVN	119.005(M)	123.730		Monac	EGQO		119.180	118.955
Carmarvon	EGCK		122.255		Nantciwyl				130.380
Cardiff	EGSC	120.965	125.905		Netheravon	EGDN			128.305
Cardiff Tremorfa	EGFC	119.155	133.105		Netherthorpe	EGNF			123.280
Chalgrove	EGJC			120.655	Newquay	EGHQ	133.405	134.380	
Challcock	EGJL	125.410		125.410	North Weald	EGSX			123.530
Chichester/Goodwood	EGKE		122.455	118.685	Northampton/Swell	EGBK			122.705
Clacon	EGSQ		118.155		Northolt	EGWU	126.450	120.680	
Clent Common	EGHA			119.305	Nottingham	EGSH	119.355	124.255	
Compton Abbas	EGXC	119.205(M)	124.680	122.710	Oaksey Park	EGBN			134.880
Cornsbysy	EGKX				Odhiam	EGVO		119.230	132.230
Costof	EGWC	135.880	128.655		Old Buckenham	EGSV	131.305(M)		124.405
Cranfield	EGTC	122.855	134.930		Old Sarum	EGLS			123.905
Cranwell	EGYD	124.455(M)	125.055		Old Warden	EGTH			130.705
Crowfield	EGSO			122.775	Oxford	EGTK	125.090	133.430	
Culdrose	EGDR	134.055(M)	122.100		Parham	EGRP			124.965
Damrys Hall	EGML			119.555	Pembrey	EGTP			124.400
Danland	EGKL			129.730	Perranporth	EGTP			119.735
Derham	EGLD	130.730			Peterborough/Conington	EGSF			129.730
Derby	EGBD	118.355		118.355	Peterborough/Sibson	EGSP	120.330		120.330
Dunakeswell	EGTU	123.480			Popham	EGHP			128.805
Dunstable	EGTD			119.105	Portland Heliport	EGPO			122.130
Dunstable Downs				119.905	Predmack	EGPD	134.055	122.100	
Duxford	EGSU		122.080	122.080	Redhill	EGKR		119.605	
Eggescott	EGSH			123.010	Rochester	EGNE			130.480
Ems Colne	EGSR			122.430	Rotford Gamston	EGTO			122.255
East Midlands	EGNX	134.180	124.005		St Athan**	EGHY		122.865	
Estree	EGTR		122.405	122.405	Scilly Isles/St. Marys	EGHE	124.880	124.880	124.880
Enstone	EGTE			129.880	Seething	EGSJ			118.435
Exeter	EGTE	128.980	119.805		Shackwell Lodge	EGSL			128.380
Fairford*	EGVA		124.800		Shawbury	EGSA	133.155(M)	122.100	
Fairford*	EGTF			123.430	Shiphham	EGSA			132.255
Farnborough	EGLF	133.440	122.780		Shobdon	EGSS	123.155	125.405	118.155
Fenland	EGCL		122.930		Shoreham	EGKA			130.280
Fleethands	EGVF		135.705		Silverstone Heliport	EGBY		123.330	
Fowlme	EGMA			135.705	Skegness				131.965
Gloucestershire	EGBJ	128.555	122.905		Skyports Heliport (London)	EGCV			132.455
Gransden Lodge				131.280	Sleep	EGCY			
Great Oakley				123.205	Southampton	EGHI	120.230	118.205	
Grove Farm				130.430	Southend	EGMC	130.780	127.730	
Guernsey	EGJB	128.655	119.955		Stow Maries	EGSG			122.805
Heaton	EGWN			130.430	Stow Maries				118.980
Heaverfordwest	EGFE			123.605	Strugate	EGCS			130.305
Henstridge	EGNR	120.055	124.955		Swansea	EGHS			119.705
Honington	EGXH			130.255	Syeston	EGYJ			128.530
Husbands Bosworth				127.580	Tatenhill	EGBM			124.080
Isle of Wight/Sandown	EGHN			119.280	Terr Hill	EGOE			
Jersey	EGJL	120.305	119.455		Thurton	EGHO		122.100	
Kenil	EGDK			130.280	Tilstock	EGCT			118.280
Kemble	EGBP			118.430	Treco	EGCT			118.105
Kentley	EGKN			119.760	Tuneston	EGBT			122.180
Kittyhawk	EGKF			118.285	Upavon***	EGDV			124.105
Lakenheath	EGUL	128.900(M)	122.100		Valley	EGOV	125.230(M)	122.100	
Land's End	EGHC	120.255			Waddington	EGXW	119.505(M)	121.305	
Lasham	EGHL			131.030	Watlington	EGUW	125.805	118.210	125.805
Lashenden/Headcorn	EGKH			122.210	Wellbourne Mountford	EGBW			124.030
Lee-on-Solent	EGHF		118.930		Welsipool	EGCW			126.005
Leicester	EGBG			122.130	West Wales/Aberporth	EGRA			122.155
Little Gransden	EGMJ			130.855	**St Athan - Initial contact frequency refer to Cardiff				
*Fairford - Initial contact frequency refer to Brize Norton					***Upavon - Salisbury Information 122.755				
(M) = MATZ Crossing Frequency									

SOUTHERN ENGLAND & WALES

Frequency Reference Card - AIRAC 10/2026 (01 Oct 2026)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
White Waltham	EGLM				122.605
Wickensby	EGNW				122.485
Wittering	EGXT	119.680(M)	127.980		
Wolverhampton/					
Halfpenny Green	EGBO			123.005	
Wycombe Air Park/Booker	EGTB			126.555	
Wytton	EGUY			126.855	
Yeovil/Westland	EGHG	130.805	125.405		
Yeovilton	EGDY	127.355(M)	120.805		

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SPECIAL USE AREA CROSSING SERVICE (SUACS)

D001.....	CULDRHOSE APP 134.055; Outside times SUAAS	
	via LONDON INFO 124.750MHz	
D003, D004, D006A-C, D007A-C,	PLYMOUTH MIL 121.255; Outside times	
D008A-C, D009A & D009B	SWANWICK MIL via LONDON INFO 124.750MHz	
D005A & D005B.....	CULDRHOSE APP 134.055; Outside times	
	SWANWICK MIL via LONDON INFO 124.750MHz	
D012, D013, D014, D017, D021,	PLYMOUTH MIL 124.155; Outside times	
D023, D031, D036.....	SWANWICK MIL via LONDON INFO 124.750MHz	
D037, D038, D039, D040	PEMBREY RANGE 122.755; Outside times	
D118.....	SWANWICK MIL 124.750MHz	
D120, D122A-C.....	BOSCOMBE DOWN ZONE 126.705	
*D123, *D124, *D125.....	BOSCOMBE DOWN ZONE 126.705; Outside times	
*D126, *D127 & *D128.....	LONDON INFORMATION 124.750MHz	
D129.....	OXFORD APP 125.090	
D148.....	BOSCOMBE DOWN ZONE 126.705	
D201A, D201B, *D201C, *D201D,	ABERPORTH RADAR 120.835MHz or	
D201F, D201G, *D201H,	WEST WALES RADAR 127.090	
*D201I, D201K, D202A, D202B,	D202C & D202D	
*D207.....	HOLBEACH RANGE 122.755	
D218A.....	BRIZE RADAR 124.280	
D218B.....	BRIZE RADAR 124.280 below FL180;	
	SWANWICK MIL 128.700MHz at/below FL180	
D218C.....	SWANWICK MIL 128.700MHz	
D220A & D220B.....	MARHAM ATC 124.155	
*D307.....	DONNA NOOK RANGE 122.755	
D324A & D324B.....	WADDINGTON ATC 119.505	

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAS)

D001, D003, D004, D006A-C,	LONDON INFORMATION 124.750MHz
D007A-C, D008A-C, D009A & B,	
*D011A-C, D012, D013, D014,	
*D015, D017, D021, D023 & D031	

SWANWICK MIL via LONDON INFO 124.750MHz

D026.....	PLYMOUTH MIL 124.155
D036.....	LONDON INFO 124.750MHz/124.600MHz
D037, D038, D039 & D040.....	LONDON INFO 124.750MHz/124.600MHz
*D044.....	or SOUTHAMPTON or JERSEY ATISus
D064B-C, D110, *D113A-B,	LYDD APP 120.705**
*D156A-B & *D117.....	EXETER APP 128.980MHz*

LONDON INFORMATION 124.750MHz

D18.....	PEMBREY RANGE 122.755*
D20, D122A-C.....	BOSCOMBE DOWN ZONE 126.705
*D123, *D124, *D125.....	BOSCOMBE DOWN ZONE 126.705
*D126 & *D128.....	SAUSBURY INFORMATION 122.755*
D127.....	BOSCOMBE DOWN ZONE 126.705
D129.....	BRIZE ZONE 119.005
*D130, *D132, D133-B.....	FARNBOROUGH RAD 133.440MHz**
*D136, *D138A, D138B.....	SOUTHEND APP 130.780**
*D138C & *D138D.....	LONDON INFORMATION 124.600MHz
*D141.....	LYDD APP 120.705**
D147, D148, *D203, D211 & D216.....	LONDON INFORMATION 124.750MHz
D201A, D201B, *D201C, *D201D,	
D201F, D201G, *D201H, *D201J,	WEST WALES INFORMATION 122.155
D201K, D202A-D.....	LONDON INFORMATION 124.600MHz
D220A, D220B & D305.....	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES [** LONDON INFORMATION 124.600MHz

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAS) continued

*D207.....	HOLBEACH RANGE 122.755**
*D208.....	LAKEHEATH ZONE 128.900MHz
D213.....	LONDON INFORMATION 124.600MHz
D217A-K.....	LLANBEDR INFORMATION 118.530
D218A-C.....	LONDON INFORMATION 124.750MHz
*D304 & D314.....	MANCHESTER APP 118.580
*D307.....	DONNA NOOK RANGE 122.755**
D324A & D324B.....	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES [** LONDON INFORMATION 124.600MHz

LOWER AIRSPACE RADAR SERVICE (LARS) (See UK AIR ENR 1.6)

Boscombe Down	126.705(M)	Marham	124.155(M)
Bournemouth	119.480	Newquay	133.405
Brize Norton	124.280	Norwich	119.355
Cardiff	119.155	Plymouth Mill West	121.255
Corningsby	119.205(M)	Plymouth Mill East	124.155
Culdrose	134.055(M)	Sharnbury	133.155(M)
East Midlands	134.180	Southend	130.780
Exeter	128.980	Valley	126.230(M)
Farnborough West	125.250	Waddington	119.505(M)
Farnborough East	123.225	Yeovilton	127.355(M)
Farnborough North	132.800		

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UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

DROP ZONE	NATSU	AD or Alt Freq.
Becles	Norwich ATC	119.355** A/G 120.380
Boscombe Down	Boscombe Down ATC	126.705 TYWR 130.755
Chalgrove	Benson ATC	A/G 120.905 A/G 125.410
Chatteris	London Control	124.600 A/G 129.905
Dunkeswell	Exeter ATC	128.980* A/G 129.905 or 123.480
Hinton-in-the-Hedges	Brize Norton ATC	124.280 A/G 119.455 or 129.905
Keewil	Brize Norton ATC	124.280 A/G 130.290
Langar	East Midlands ATC	134.180** A/G 122.240
Lashenden/Headcorn	Headcorn Radio	122.210
Llanbedr	Valley Radar	125.230* A/G 118.930
Netheravon	Netheravon DZ	128.305 A/G 129.905
Old Sarum	London Control	124.750 A/G 119.755
Perranporth	Newquay ATC	133.405 A/G 119.755
Peterborough/Silsdon	Marham ATC	124.155* A/G 129.905 or 120.330
South Caney	Brize Norton ATC	124.280 A/G 129.905
Swansea	Cardiff ATC	119.155* A/G 129.905
Tilstock	Sharnbury ATC	133.155 A/G 118.100
Weston on the Green	Brize Norton ATC	124.280 A/G 120.090

If unable to establish [* London Information 124.750

contact outside times [** London Information 124.600

LISTENING SQUARES (For SSR Operating Procedures see UK AIR ENR 1.6)

	Code	Monitor		Code	Monitor
Birmingham	0010	123.980	London City/Thames	0012	132.700
Bournemouth	0011	119.480	London Gatwick	7012	126.825
Bristol	5077	126.650	London Luton	0013	129.550
Brize Norton	3727	124.280	London Stansted	7013	120.625
Cardiff	3636	119.155	Manchester	7366	118.580
East Midlands	4572	134.180	Norwich	7350	119.355
Farnborough LARS West	4572	125.250	Oxford	4517	125.090
Harwarden	4607	120.055	Southampton/Solent	7011	120.230
Liverpool	5060	119.855	Southend	5050	130.780

VALIDITY OF AERONAUTICAL INFORMATION

Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 10/2026 (01 Oct 2026).
Updates to 1:500,000 Southern England & Wales are currently available at www.nats.aero/aia/s/r/s_eng.
Users are requested to refer corrections to this document to vtcharts@nats.co.uk.

