

SOUTHERN ENGLAND & WALES
Frequency Reference Card - AIRAC 09/2026 (03 Sep 2026)

AERODROME					AERODROME				
INDICATOR	RAD/APP	TWR	AFIS	AG	INDICATOR	RAD/APP	TWR	AFIS	AG
Altomansbury Hill	EGJA	123.355		131.560	Little Risborough	EGYL			120.780
Andoverfield	EGSL			130.555	Little Shrvington	EGYP	119.855	126.355	116.130
Badminton	EGVE	124.455(M)	120.430	123.180	Liverpool	EGDP			116.930
Barkston Heath	EGVM				Llanbedr	EGDK	132.700	118.080	
Becles	EGBF				London City	EGLC	126.825	124.230	
Bedford	EGBN				London Gatwick	EGKK	119.730	118.505	
Bembridge	EGHJ				London Heathrow	EGLL			
Benson	EGUB	120.905(M)	127.155	123.255	London Heliport	EGLW	134.280		
Bicester					London Luton	EGGW	125.550	132.555	
Biggis Hill	EGKB	134.805	134.805	118.390	London Stansted	EGSS	120.625	123.805	
Birmingham	EGBB	123.980	118.305		Lydd	EGMD	120.625	119.380	
Blackbushe	EGLK				Manchester	EGCC	118.580	118.630	
Bodm	EGLA				Manchester/Barton	EGCB			120.255
Boscombe Down	EGDM	126.705(M)	130.755	120.330	Mansford Hill	EGVM	124.155(M)	118.330	119.930
Bournemouth	EGHH	119.480	126.605	125.605	Marham	EGDI		122.100	
Brimpton	EGLP				Merryfield	EGPJ	123.300	118.605	
Brize Norton	EGVN	125.655	133.855	135.130	Middle Wallop	EGVP			
Carmarvon	EGCK	119.005(M)	123.730		Milkenhall	EGJN			
Cardiff	EGFC	120.965	125.905	122.255	Monar	EGQQ			
Cardiff Tremorfa	EGFC	119.155	133.105		Nantclwyd	EGGX			
Chalgrove	EGJ				Netheravon	EGDN			
Challock	EGKE	125.410	125.410	120.655	Netherthorpe	EGNF	133.405	134.380	
Chichester/Goodwood	EGKR				Newquay	EGHQ			
Clacon	EGSQ				North Weald	EGSX			
Clent Common	EGHA				Northampton/Swell	EGBK			
Compton Abbas	EGXC				Northolt	EGWU	126.450	120.680	
Coningsby	EGW	119.205(M)	124.680	118.155	Nottingham	EGSH	119.355	124.255	
Costford	EGWC	135.880	128.655	122.710	Oaksey Park	EGBN			134.880
Cranfield	EGTC	122.855	134.930		Oldham	EGVO			132.230
Cranwell	EGYD	124.455(M)	125.055		Old Buckenham	EGVY	131.305(M)	119.230	
Crowfield	EGSO				Old Sarum	EGLS			124.405
Culdrose	EGDR	134.055(M)	122.100	122.775	Old Warden	EGTH			123.905
Damrys Hall	EGML				Oxford	EGTK	125.090	133.430	130.705
Danland	EGKL				Parham	EGRP			124.955
Derby	EGLD				Perranporth	EGTP			124.400
Dunstable	EGTU				Peterborough/Conington	EGSF	119.735		119.735
Dunstable Downs	EGTD				Peterborough/Sibson	EGSP	120.330		129.730
Duxford	EGSU				Popham	EGHP			120.330
Englescott	EGSH				Portland Heliport	EGPO			122.130
Ems Colne	EGSR				Predmack	EGPD	134.055	122.100	
East Midlands	EGNX	134.180	124.005	122.080	Redhill	EGKR		119.605	
Enstone	EGTR				Retford Gamston	EGNE			130.480
Exeter	EGTE	128.980	119.805	122.405	Rochester	EGTO			122.255
Fairford*	EGVA				St Athan**	EGHE			
Farnborough	EGTF				Scilly Isles/St Marys	EGHY	124.880	124.880	124.880
Fenland	EGLF	133.440	122.780	123.430	Seething	EGSJ			118.435
Fleetlands	EGVF				Shackwell Lodge	EGSL			126.380
Fowlme	EGMA				Shawbury	EGOS	133.155(M)	122.100	
Gloucestershire	EGBJ	128.555	122.905	135.705	Shobdon	EGSA			132.255
Gransden Lodge					Shoreham	EGKS	123.155	125.405	118.155
Great Oakley					Silverstone Heliport	EGKA			130.280
Grove Farm					Skegness	EGBY			132.430
Guernsey	EGJB	128.655	119.955	130.430	Skyports Heliport (London)	EGCV			131.965
Heaton	EGWN				Sleep	EGVY			122.455
Heaverfordwest	EGFE				Southampton	EGHI	120.230	118.205	
Henstridge	EGNR	120.055	124.955	123.605	Southend	EGMC	130.780	127.730	
Honington	EGXH				Stow Maries	EGSG			122.805
Husbands Bosworth	EGHN				Stow Maries	EGCS			118.980
Isle of Wight/Sandown	EGHJ				Swansea	EGHS			130.305
Jersey	EGJJ	120.305	119.455	130.280	Syeston	EGHY	119.705		119.705
Kenil	EGDK				Tatenhill	EGBM	128.530		128.530
Kemble	EGBP				Terr Hill	EGOE			124.080
Kentley	EGKN				Throxton	EGHO			122.100
Kittyhawk	EGKF				Tilstock	EGCT			118.280
Lakenheath	EGUL	128.900(M)	122.100	119.760	Treco	EGCT			118.205
Land's End	EGHC	120.255		118.285	Tuneston	EGBT			122.180
Lasham	EGHL				Upavon***	EGDV			124.105
Lashenden/Headcom	EGKH				Valley	EGOV	125.230(M)	122.100	
Lee-on-Solent	EGHF				Waddington	EGXW	119.505(M)	121.305	
Leicester	EGBJ				Watlington	EGUW	125.805	118.210	
Little Gransden	EGMJ				Wellbourne Mountford	EGBW			125.805
RAF					Wellespool	EGCW			124.030
RAF					West Wales/Aberporth	EGFA			122.005
RAF					RAF				122.155

***Upavon - Salisbury Information 122.755

SOUTHERN ENGLAND & WALES

Frequency Reference Card - AIRAC 09/2026 (03 Sep 2026)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
White Waltham	EGLM				122.605
Wickensby	EGNW				122.485
Wittering	EGXT	119.680(M)	127.980		
Wolverhampton/					
Halfpenny Green	EGBO			123.005	
Wycombe Air Park/Booker	EGTB			126.555	
Wytton	EGUY			126.855	
Yeovil/Westland	EGHG	130.805	125.405		
Yeovilton	EGDY	127.355(M)	120.805		

(M) = MATZ Crossing Frequency

SPECIAL USE AREA CROSSING SERVICE (SUACS)

D001.....	CULDRHOSE APP 134.055; Outside times SUAIS	
	via LONDON INFO 124.750MHz	
D003, D004, D006A-C, D007A-C,	PLYMOUTH MIL 121.255; Outside times	
D008A-C, D009A & D009B	SWANWICK MIL via LONDON INFO 124.750MHz	
D005A & D005B.....	CULDRHOSE APP 134.055; Outside times	
	SWANWICK MIL via LONDON INFO 124.750MHz	
D012, D013, D014, D017, D021,	PLYMOUTH MIL 124.155; Outside times	
D023, D031, D036.....	SWANWICK MIL via LONDON INFO 124.750MHz	
D037, D038, D039, D040	SWANWICK MIL via LONDON INFO 124.750MHz	
D118.....	PEMBREY RANGE 122.755; Outside times	
	LONDON INFORMATION 124.750MHz	
D120, D122A-C.....	BOSCOMBE DOWN ZONE 126.705	
*D123, *D124, *D125.....	BOSCOMBE DOWN ZONE 126.705; Outside times	
*D126, *D127 & *D128.....	LONDON INFORMATION 124.750MHz	
D129.....	OXFORD APP 125.090	
D148.....	BOSCOMBE DOWN ZONE 126.705	
D201A, D201B, *D201C, *D201D,	ABERPORTH RADAR 120.835MHz or	
D201F, D201G, *D201H,	WEST WALES RADAR 127.090	
*D201I, D201K, D202A, D202B,	D202C & D202D	
*D207.....	HOLBEACH RANGE 122.755	
D218A.....	BRIZE RADAR 124.280	
D218B.....	BRIZE RADAR 124.280 below FL180;	
	SWANWICK MIL 128.700MHz at/below FL180	
D218C.....	SWANWICK MIL 128.700MHz	
D220A & D220B.....	MARHAM ATC 124.155	
*D307.....	DONNA NOOK RANGE 122.755	
D324A & D324B.....	WADDINGTON ATC 119.505	

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAIS)

D001, D003, D004, D006A-C,	LONDON INFORMATION 124.750MHz
D007A-C, D008A-C, D009A & B,	
*D011A-C, D012, D013, D014,	
*D015, D017, D021, D023 & D031	

SWANWICK MIL via LONDON INFO 124.750MHz

D026.....	PLYMOUTH MIL 124.155
D036.....	LONDON INFO 124.750MHz/124.600MHz
	or SOUTHAMPTON or JERSEY ATISus
D037, D038, D039 & D040.....	LYDD APP 120.705**
D044.....	EXETER APP 128.980MHz
D064B-C, D110, *D113A-B,	
*D15A-B & *D117.....	LONDON INFORMATION 124.750MHz
D18.....	PEMBREY RANGE 122.755*
D20, D122A-C.....	BOSCOMBE DOWN ZONE 126.705
*D123, *D124, *D125.....	SAUSBURY INFORMATION 122.755*
*D126 & *D128.....	
D127.....	BOSCOMBE DOWN ZONE 126.705
D129.....	BRIZE ZONE 119.005
*D130, *D132, D133-B.....	FARNBOROUGH RAD 133.440MHz**
*D136, *D138A, D138B.....	
*D138C & *D138D.....	SOUTHEND APP 130.780**
*D141.....	LONDON INFORMATION 124.600MHz
D147, D148, *D203, D211 & D216.....	LYDD APP 120.705**
D201A, D201B, *D201C, *D201D,	LONDON INFORMATION 124.750MHz
D201F, D201G, *D201H, *D201J,	WEST WALES INFORMATION 122.155
D201K, D202A-D.....	
D220A, D220B & D305.....	LONDON INFORMATION 124.600MHz
	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES [* LONDON INFORMATION 124.750MHz
** LONDON INFORMATION 124.600MHz

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAIS) continued

*D207.....	HOLBEACH RANGE 122.755**
*D208.....	LAKEHEATH ZONE 128.900MHz
D213.....	LONDON INFORMATION 124.600MHz
D217A-K.....	LLANBEDR INFORMATION 118.530
D218A-C.....	LONDON INFORMATION 124.750MHz
*D304 & D314.....	MANCHESTER APP 118.580
*D307.....	DONNA NOOK RANGE 122.755**
D324A & D324B.....	LONDON INFORMATION 124.600MHz
	LONDON INFORMATION 124.750MHz

OUTSIDE TIMES [* LONDON INFORMATION 124.750MHz
** LONDON INFORMATION 124.600MHz

LOWER AIRSPACE RADAR SERVICE (LARS) (See UK AIR ENR 1.6)

Boscombe Down	126.705(M)	Marham	124.155(M)
Bournemouth	119.480	Newquay	133.405
Brize Norton	124.280	Norwich	119.355
Cardiff	119.155	Plymouth Mill West	121.255
Canningsby	119.205(M)	Plymouth Mill East	124.155
Culdrose	134.055(M)	Sharnbury	133.155(M)
East Midlands	134.180	Southend	130.780
Exeter	128.980	Valley	125.230(M)
Farnborough West	125.250	Waddington	119.505(M)
Farnborough East	123.225	Yeovilton	127.355(M)
Farnborough North	132.800		

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UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

DROP ZONE	NATSU	AD or Alt Freq.
Becles	Norwich ATC	119.355** A/G 120.380
Boscombe Down	Boscombe Down ATC	126.705 TYR 130.755
Chalgrove	Benson ATC	A/G 120.905 A/G 125.410
Chatteris	London Control	124.600 A/G 129.905
Dunkeswell	Exeter ATC	128.980* A/G 129.905 or 123.480
Hinton-in-the-Hedges	Brize Norton ATC	124.280 A/G 119.455 or 129.905
Keewil	Brize Norton ATC	124.280 A/G 130.290
Langar	East Midlands ATC	134.180** A/G 122.240
Lashenden/Headcorn	Headcorn Radio	122.210
Llanbedr	Valley Radar	125.230* A/G 118.930
Netheravon	Netheravon DZ	128.305 A/G 129.905
Old Sarum	London Control	124.750 A/G 119.755
Perranporth	Newquay ATC	133.405 A/G 119.755
Peterborough/Silsdon	Marham ATC	124.155* A/G 129.905 or 120.330
South Caney	Brize Norton ATC	124.280 A/G 129.905
Swansea	Cardiff ATC	119.155* A/G 129.905
Tilstock	Sharnbury ATC	133.155 A/G 118.100
Weston on the Green	Brize Norton ATC	124.280 A/G 120.090

If unable to establish [* London Information 124.750
contact outside times ** London Information 124.600

LISTENING SQUARES (For SSR Operating Procedures see UK AIR ENR 1.6)

	Code	Monitor		Code	Monitor
Birmingham	0010	123.980	London City/Thames	0012	132.700
Bournemouth	0011	119.480	London Gatwick	7012	126.825
Bristol	5077	126.650	London Luton	0013	129.550
Brize Norton	3727	124.280	London Stansted	7013	120.625
Cardiff	3636	119.155	Manchester	7366	118.580
East Midlands	4572	134.180	Norwich	7350	119.355
Farnborough LARS West	4572	125.250	Oxford	4517	125.090
Harwarden	4607	120.055	Southampton/Solent	7011	120.230
Liverpool	5060	119.855	Southend	5050	130.780

VALIDITY OF AERONAUTICAL INFORMATION

Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 09/2026 (03 Sep 2026).
Updates to 1:500,000 Southern England & Wales are currently available at www.nats.aero/aia/s/r/s_eng.
Users are requested to refer corrections to this document to vtcharts@nats.co.uk.

