

SOUTHERN ENGLAND & WALES
Frequency Reference Card - AIRAC 09/2025 (04 Sep 2025)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	AG
Alton	EGAA	123.355			
Altonbury Hill	EGSL		131.700		
Andrewsfield	EGSM		130.555		
Badrington	EGYB	124.455(M)	120.430		
Barkston Heath	EGSM		120.380		
Becles	EGBF		119.030		
Bedford	EGHU		123.255		
Bembridge	EGUB	120.905(M)	127.155		
Benson					
Bicester	EGKB	129.405	134.805		
Biggin Hill	EGGB	123.980	118.305	118.390	
Birmingham	EGLK				
Blackbushe	EGLA				
Bodmin	EGDM	126.705(M)	130.755	120.330	
Boscombe Down	EGHH	119.480	125.605		
Bournemouth	EGLP		135.130		
Brimpton	EGVN	125.650	133.850		
Bristol	EGCK	119.005(M)	123.730		
Brize Norton	EGSC	120.965	125.905	122.255	
Ceiranorton	EGFC	119.155	135.105		
Cardiff	EGUJ		120.655		
Cardiff Tremorfa	EGUJ		125.410		
Chalgrove	EGKE		118.685		
Challock	EGSR				
Chichester/Goodwood	EGSQ		122.455		
Claughton	EGHA		118.155		
Cleeth Common	EGXC	119.205(M)	124.680		
Compton Abbas	EGWC	135.880	128.655		
Coningsby	EGBE		123.830		
Costford	EGTC	122.855	134.930		
Coventry	EGVD	124.455(M)	125.055		
Cranfield	EGSD				
Crawell	EGDR	134.055(M)	122.100		
Crowfield	EGML		119.555		
Culdrose	EGKL		129.730		
Damrys Hall	EGLD		130.730		
Deanland	EGBD		118.355		
Deanham	EGTU		123.480		
Derby	EGTD		119.105		
Dunkeswell	EGSU		122.080		
Dunstable	EGHU		123.010		
Dunstable Downs	EGNR		122.430		
Eaglescott	EGNX	134.180	124.005		
Earis Colne	EGTR		122.405		
East Midlands	EGTN		129.880		
Elstree	EGTE	128.980	119.805		
Enstone	EGVA		124.800		
Exeter	EGTF		123.430		
Fairford*	EGCL	133.440	122.780		
Farnborough	EGFN		122.930		
Fleetlands	EGVF		135.705		
Fowlmeare	EGMA		135.705		
Gloucestershire	EGBJ	128.555	122.905		
Graidsen Lodge			131.280		
Great Oakley			123.205		
Greve Farm			130.430		
Guernsey	EGJB	128.655	119.955		
Haiton	EGWN		130.430		
Haverfordwest	EGFE	120.055	124.955		
Hawarden	EGNS		130.255		
Hemstridge	EGXH		124.105		
Honington			127.580		
Husbands Bosworth	EGHN		119.280		
Iisle of Wight/Sandown	EGUJ	120.305	119.455		
Jersey	EGBP		118.430		
Kemble	EGKN		119.760		
Kirbyhawk	EGKF		118.285		
Lakenheath	EGUL	128.900(M)	122.100		
Land's End	EGHC		120.255		
Lasham	EGHL		131.030		
Lashenden/headcom	EGKH		122.210		
Le-on-Solent	EGHF		118.930		
Little Gransden	EGMJ		122.130		
Little Gransden	EGMU		130.855		

-Fairford - Initial contact frequency refer to Brize Norton
(M) = MATZ Crossing Frequency

AERODROME

Indicator

RAO/APP

TWR

AFIS

AG

Little Risington

EGGP

119.855

126.355

Liverpool

EGPD

132.700

118.080

Llanberis

EGKC

126.825

124.230

London City

EGLL

119.730

118.505

London Gatwick

EGWV

129.550

132.555

London Heathrow

EGSS

120.625

123.805

London Luton

EGMD

120.705

119.380

London Stansted

EGCC

118.580

118.630

Lydd

EGCB

120.255

Manchester/Barton

EGVM

124.155(M)

118.330

Manchester Heil

EGDI

122.100

118.605

Mannin

EGNP

123.300

122.550

Merville

EGIN

122.550

119.180

Middle Wallop

EQQA

119.955

118.955

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SOUTHERN ENGLAND & WALES

Frequency Reference Card - AIRAC 09/2025 (04 Sep 2025)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
West Wales/Aberporth	EGFA			122.155	122.155
White Waltham	EGLM				122.605
Wickensby	EGNV				122.455
Withering	EGXT			119.680(M)	127.980
Wolverhampton/	EGBO				123.005
Halfpenny Green	EGTB				126.555
Wycombe Air Park/Booker	EGUY			130.805 125.405	126.855
Wyllon	EGHG			127.355(M)	
Yeovil/Westland	EGDY			127.355(M)	120.805
Yeovilton					

(M) = MATZ Crossing Frequency

SPECIAL USE AREA CROSSING SERVICE (SUACS)

D001.....	CULDRHOSE APP 134.055; Outside times SUAAS via LONDON INFO 124.750MHz
D003, D004, D006A-C, D007A-C, D008A-C, D009A & D009B	PLYMOUTH MIL 121.255; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D005A & D005B.....	CULDRHOSE APP 134.055; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D012, D013, D014, D017, D021, D023, D031, D036.....	PLYMOUTH MIL 124.150MHz; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D037, D038, D039, D040	PEMBREY RANGE 122.755; Outside times LONDON INFORMATION 124.750MHz
D118.....	BOSCOMBE DOWN ZONE 126.705
D120, D122A-C.....	BOSCOMBE DOWN ZONE 126.705; Outside times
*D123, *D124, *D125 *D126, *D127 & *D128	LONDON INFORMATION 124.750MHz
D129.....	OXFORD APP 125.090
D148.....	BOSCOMBE DOWN ZONE 126.705
D201A, D201B, *D201C, *D201D, D201F, D201G, *D201H, *D201I, D201K, D202A, D202B, D202C & D202D	ABERPORTH RADAR 120.855MHz or WEST WALES RADAR 127.090
*D207.....	HOLBEACH RANGE 122.755
D218A.....	BRIZE RADAR 124.280
D218B.....	SWANWICK MIL 124.280 below FL160; SWANWICK MIL 128.700MHz at/below FL160
D218C.....	SWANWICK MIL 128.700MHz
D220A & D220B.....	MARHAM ATC 124.155
D307.....	DONNA NOOK RANGE 122.755
D324A & D324B.....	WADDINGTON ATC 119.505

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUASIS)

D001, D003, D004, D006A-C, D007A-C, D008A-C, D009A & B, *D011A-C, D012, D013, D014, *D015, D017, D021, D023 & D031	LONDON INFORMATION 124.750MHz
D005A & D005B.....	SWANWICK MIL via LONDON INFO 124.750MHz
*D026.....	PLYMOUTH MIL 124.150MHz
D036.....	LONDON INFO 124.750MHz/124.600MHz or SOUTHAMPTON or JERSEY ATISus
D037, D038, D039 & D040	EXETER APP 128.980MHz*
*D044.....	LYDD APP 120.705**
D064B-C, D110, *D113A-B, *D115A-B & *D117	LONDON INFORMATION 124.750MHz
D118.....	PEMBREY RANGE 122.755*
D119.....	YEovilTON APP 127.335*
D120, D122A-C.....	BOSCOMBE DOWN ZONE 126.705
*D123, *D124, *D125 *D126 & *D128	SALISBURY INFORMATION 122.755*
D127.....	BOSCOMBE DOWN ZONE 126.705
D129.....	BRIZE ZONE 119.005
*D130, *D132, D133-B, *D136, *D136A, D138B, *D138C & *D138D	FARNBOROUGH RAD 133.440MHz**
*D139.....	SOUTHEAST APP 130.780**
*D141.....	LONDON INFORMATION 124.600MHz
D147, D148, *D2023, D211 & D216.....	LYDD APP 120.705**
D201A, D201B, *D201C, *D201D, D201F, D201G, *D201H, *D201I, D201K, D202A-D	LONDON INFORMATION 124.750MHz
D215, D220A, D220B & D305.....	WEST WALES INFORMATION 122.155
	LONDON INFORMATION 124.600MHz
	LONDON INFORMATION 124.750MHz

OUTSIDE TIMES [* LONDON INFORMATION 124.750MHz ** LONDON INFORMATION 124.600MHz

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUASIS) continued

*D207.....	HOLBEACH RANGE 122.755**
*D208.....	LAKEHEATH ZONE 128.900MHz
D213.....	COVENTRY INFORMATION 123.830MHz**
D217A-K.....	LLANBEDR INFORMATION 118.930
D218A-C.....	LONDON INFORMATION 124.750MHz
*D304 & D314.....	MANCHESTER APP 118.580
*D307.....	DONNA NOOK RANGE 122.755**
D324A & D324B.....	LONDON INFORMATION 124.600MHz
	LONDON INFORMATION 124.750MHz
	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES [* LONDON INFORMATION 124.750MHz ** LONDON INFORMATION 124.600MHz

LOWER AIRSPACE RADAR SERVICE (LARS) (See UK AIR ENR 1.6)

Boscombe Down	126.705(M)	Marham	124.155(M)
Bournemouth	119.480	Newquay	133.405
Brize Norton	124.280	Norwich	119.355
Cardiff	119.155	Plymouth Mill West	121.255
Corningsby	119.205(M)	Plymouth Mill East	124.150
Culdrose	134.055(M)	Sharnbury	133.155(M)
East Midlands	134.180	Southend	130.780
Exeter	128.980	Valley	126.230(M)
Farnborough West	125.250	Waddington	119.505(M)
Farnborough East	123.225	Yeovilton	127.355(M)
Farnborough North	132.800		

(M) = MATZ Crossing Frequency

UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

DROP ZONE	NATSU	AD or Alt Freq.
Becles	Norwich ATC	119.355** A/G 120.380
Boscombe Down	Boscombe Down ATC	126.705 TYR 130.755
Chalgrove	Benson ATC	120.905* A/G 125.410
Chatteris	London Control	124.600 A/G 129.905
Dunkeswell	Exeter ATC	128.980* A/G 129.905 or 123.480
Hinton-in-the-Hedges	Brize Norton ATC	124.280 A/G 119.455 or 129.905
Keewil	Brize Norton ATC	124.280 A/G 122.240
Langer	East Midlands ATC	134.180** A/G 122.210
Lashenden/Headcorn	Headcorn Radio	125.230* A/G 118.930
Llanbedr	Valley Radar	125.230* A/G 118.930
Netheravon	Netheravon DZ	128.305 A/G 129.905
Old Sarum	London Control	124.750 A/G 119.755
Perranporth	Newquay ATC	133.405 A/G 129.905 or 120.330
Peterborough/Silsdon	Marham ATC	124.155** A/G 129.905 or 120.330
South Caney	Brize Norton ATC	124.280 A/G 129.905
Swansea	Cardiff ATC	119.155* A/G 129.905
Tilstock	Sharnbury ATC	133.155 A/G 118.100
Weston on the Green	Brize Norton ATC	124.280 A/G 133.650

If unable to establish [* London information 124.750 contact outside times ** London information 124.600

LISTENING SQUARES (For SSR Operating Procedures see UK AIR ENR 1.6)

	Code	Monitor	Code	Monitor
Birmingham	0010	123.980	London City/Thames	0012 132.700
Bournemouth	0011	119.480	London Gatwick	7012 126.825
Bristol	5077	126.650	London Luton	0013 129.550
Brize Norton	3727	124.280	London Stansted	7013 120.625
Cardiff	3636	119.155	Manchester	7366 118.580
East Midlands	4572	134.180	Norwich	7350 119.355
Farnborough LARS West	4572	125.250	Oxford	4517 125.090
Harwarden	4607	120.055	Southampton/Solent	7011 120.230
Liverpool	5060	119.855	Southend	5050 130.780

VALIDITY OF AERONAUTICAL INFORMATION

Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 09/2025 (04 Sep 2025). Updates to 1:500,000 Southern England & Wales are currently available at www.nats.aero/aia/s/r/s_eng. Users are requested to refer corrections to this document to vrcharts@nats.co.uk.

