

SOUTHERN ENGLAND & WALES
Frequency Reference Card - AIRPAC 06/2025 (12 Jun 2025)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G	AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
Alderney	EGJA		125.355			Little Risington	EGVL				120.780
Almondbury Heli					131.700	Little Snoring					118.130
Andrewsfield	EGSL				130.555	Liverpool	EGGP	119.855	126.355		
Badminton					123.180	Llanbedr	EGFD				118.930
Barkton Heath	EGYE	124.455(M)	120.430			London City	EGLC	132.700	118.080		
Beeches	EGSM				120.380	London Gatwick	EGKK	126.835	124.230		
Bedford	EGBF				119.030	London Heathrow	EGLL	119.730	118.505		
Bemburidge	EGHJ				123.255	London Heliport	EGLW	129.550	132.555		
Benson	EGUB	120.905(M)	127.155			London Luton	EGSS	120.625	123.805		
Bicester					118.390	London Stansted	EGMD	120.705	119.380		
Biggin Hill	EGKB	129.405	134.805			Lydd	EGCC	118.580	118.630		
Birmingham	EGBB	123.980	118.395			Manchester					
Blackbushe	EGLK				122.305	Manchester/Barton	EGCB		120.255		
Bodmin	EGLA				120.330	Manston Heli					119.930
Boscombe Down	EGDM	126.705(M)	130.755			Marham	EGYM	124.155(M)	118.330		
Bournemouth	EGHH	119.480	125.605		125.605	Merryfield	EGDI		122.100		
Brimpton	EGLP				135.130	Middle Wallop	EGVP	123.300	118.605		
Bristol	EGGD	125.650	133.850			Mildenhall	EGUN		122.550		
Brize Norton	EGVN	119.005(M)	123.730			More*	EGOO		119.180	118.955	
Caernarfon	EGCK				122.255	Nantclwyd					130.380
Cardiff	EGSC	120.965	125.905			Netherthorpe	EGDN			128.305	128.305
Cardiff Tremorfa	EGFC	119.155	133.105			Newquay	EGNF				123.280
Chalgrove	EGFL				120.655	North Weald	EGHQ	133.405	134.380		
Challcock	EGKE				118.685	Northampton/Sywell	EGSX				123.530
Chichester/Goodwood	EGHR			122.465		Northolt	EGBK				122.705
Claonon	EGSO				118.155	Norwich	EGWU	126.450	120.675		
Compton Common					119.305	Nottingham	EGSH	119.355	124.255		
Compton Abbas	EGHA				122.710	Oakey Park	EGBN				134.880
Coningsby	EGXC	119.205(M)	124.680			Odham	EGTW				132.230
Costof	EGWC	135.880	128.655			Old Buckenham	EGVO	131.305	119.230		
Coventry	EGBE			123.830		Old Sarum	EGSV				124.405
Cranfield	EGTC	122.855	134.930			Old Warden	EGLS				129.905
Cranwell	EGVD	124.455(M)	125.055			Oxford	EGTH			130.705	130.705
Crowfield	EGSO				122.775	Parham	EGTK	125.090	133.430		118.685
Culdrose	EGDR	134.055(M)	122.100			Pembrey	EGFP				124.400
Dairys Hall	EGML				119.555	Peterborough	EGTP				119.755
Deanland	EGKL				129.730	Peterborough/Conington	EGSF				129.730
Derham	EGLD				130.730	Peterborough/Sibson	EGSP				120.330
Derby	EGBD				118.355	Poplham	EGHP				129.805
Doncaster Sheffield	EGCN	126.225	128.775			Portland Heliport	EGDP				122.130
Dunkewell	EGTU				123.480	Predannack	EGPO	134.055	122.100		
Dunstoid	EGTD				119.105	Redhill	EGKR		119.605		
Dunstable Downs					119.905	Redford Gamsdon	EGNE				130.480
Durford	EGSU			122.080	122.080	Rochester	EGTO			122.255	
Eaglescott	EGHU				123.010	St Athan**	EGSY		122.865		
Earls Colne	EGSR				122.430	Scilly Isles/St Marys	EGHE	124.880	124.880		124.880
East Midlands	EGNX	134.180	124.005			Seething	EGSJ				118.435
Elstree	EGTR			122.405	122.405	Shackwell Lodge					128.380
Enstone	EGTN				129.880	Sharnbury	EGOS	133.155(M)	122.100		132.255
Exeter	EGTE	128.980	119.805			Shiphram	EGSA				116.155
Fairold*	EGVA				123.430	Shobdon	EGBS	123.155	125.405		118.155
Fairoaks	EGTF	133.440	122.780			Shoreham	EGKA				123.155
Farnborough	EGFL				122.930	Silverstone Heliport	EGBV		123.330		130.280
Fenland	EGCL					Skegness					132.430
Fleetlands	EGVF			135.705		Skyports Heliport (London)					131.965
Fowlmire	EGMA				135.705	Sleep	EGCV				122.465
Gloucestershire	EGBJ	128.555	122.905			Southampton***	EGHI	122.730	118.205		
Gransden Lodge					131.280	Southend	EGMC	130.780	127.730		122.805
Great Oakley					123.205	Stapleford	EGSG				118.980
Grove Farm					130.430	Stow Maries					118.980
Guernsey	EGJB	128.655	119.955			Sturgate	EGCS				119.705
Halton	EGWN				130.425	Swansea	EGFH				128.530
Haverfordwest	EGFE				123.605	Syerston	EGXY				124.080
Hawarden	EGNR	120.055	124.955			Tatenhill	EGBM				122.100
Henstidge	EGHS				130.255	Terr Hill	EGOE				118.280
Hornington	EGXH				124.105	Thuxton	EGHO				118.105
Husbands Bosworth					127.580	Tilstock	EGCT				118.105
Isle of Wight/Sandown	EGHN				119.280	Treco	EGHT				122.180
Jersey	EGJJ	120.305	119.455			Turweston	EGBT				124.105
Kemble	EGBP			118.430		Upavon****	EGDJ				122.100
Lakenheath	EGUL	128.900(M)	122.100		119.760	Valley	EGOV	125.230(M)	122.100		
Land's End	EGHC		120.255			Waddington	EGXW	119.505(M)	121.305		125.805
Lastham	EGHL				131.030	Watisham	EGUW		118.210		
Lastingham/Headcorn	EGKH				122.210	Wellesbourne Mountford	EGBW				124.030
Lee-on-Solent	EGHF			118.930		Westpool	EGCW				128.005
Leicester	EGBG				122.130	West Wales/Aberporth	EGPA			122.155	122.155
Little Gransden	EGMJ				130.855	*Mona - Initial contact frequency refer to Valley					
*Fairford - Initial contact frequency refer to Brize Norton						**St Athan - Initial contact frequency refer to Cardiff					
(M) = MATZ Crossing Frequency						***Southampton/Solent - Initial contact frequency is 120.230					
						****Upavon - Salisbury Information 122.755					

SOUTHERN ENGLAND & WALES

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AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
White Waltham	EGLM				122.605
Wickensby	EGNW				122.485
Wittering	EGXT	119.680(M)	127.980		
Wolverhampton/					
Halfpenny Green	EGBO		123.005		
Wycombe Air Park/Booker	EGTB		126.555		
Wytton	EGUY		126.855		
Yeovil/Westland	EGHG	130.805	125.405		
Yeovilton	EGDY	127.355(M)	120.805		

(M) = MATZ Crossing Frequency

SPECIAL USE AREA CROSSING SERVICE (SUACS)

D001.....	CULDRHOSE APP 134.055; Outside times SUAIS via LONDON INFO 124.750MHz
D003, D004, D006A-C, D007A-C, D008A-C, D009A & D009B	PLYMOUTH MIL 121.125; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D006A & D005B.....	CULDRHOSE APP 134.055; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D012, D013, D014, D017, D021, D023, D031, D036.....	PLYMOUTH MIL 124.150MHz; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D037, D038, D039, D040	PEMBREY RANGE 122.755; Outside times LONDON INFORMATION 124.750MHz
D118.....	BOSCOMBE DOWN ZONE 126.705
D120, D122A-C.....	BOSCOMBE DOWN ZONE 126.705; Outside times
*D123, *D124, *D125 *D126, *D127 & *D128	LONDON INFORMATION 124.750MHz
D129.....	OXFORD APP 125.090
D148.....	BOSCOMBE DOWN ZONE 126.705
D201A, D201B, *D201C, *D201D, D201F, D201G, *D201H, *D201I, D201K, D202A, D202B, D202C & D202D	ABERPORTH RADAR 120.855MHz or WEST WALES RADAR 127.090
*D207.....	HOLBEACH RANGE 122.755
D218A.....	BRIZE RADAR 124.280
D218B.....	BRIZE RADAR 124.280 below FL160;
D218C.....	SWANWICK MIL 128.700MHz at/below FL160
D220A & D220B.....	SWANWICK MIL 128.700MHz
*D207.....	MARHAM ATC 124.155
D324A & D324B.....	DONNA NOOK RANGE 122.755 WADDINGTON ATC 119.505

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAIS)

D001, D003, D004, D006A-C, D007A-C, D008A-C, D009A & B, *D011-C, D012, D013, D014, *D015, D017, D021, D023 & D031	LONDON INFORMATION 124.750MHz
D006A & D005B.....	SWANWICK MIL via LONDON INFO 124.750MHz
*D026.....	PLYMOUTH MIL 124.150MHz
D037, D038, D039 & D040	LONDON INFO 124.750Hz/124.600MHz or SOUTHAMPTON or JERSEY ATISus
*D061.....	LONDON INFO 124.750MHz/124.600MHz
D064B-C, D110, *D113A-B, *D115A-B & *D117	EXETER APP 128.980MHz*
D18.....	LONDON INFORMATION 124.750MHz
D19.....	PEMBREY RANGE 122.755*
D120, D122A-C.....	YEovilTON APP 127.335*
*D123, *D124, *D125.....	BOSCOMBE DOWN ZONE 126.705
*D126 & *D128	SALESBURY INFORMATION 122.755*
D127.....	BOSCOMBE DOWN ZONE 126.705
*D129.....	BRIZE ZONE 119.005
*D130, *D132, D133-B, *D136, *D138A, D138B.....	FARNBOROUGH RAD 133.440MHz**
*D138C & *D138D	SOUTHEAD APP 130.780**
*D139.....	LONDON INFORMATION 124.600MHz
*D141.....	LYDD APP 120.705**
D147, D148, *D203, D211 & D216.....	LONDON INFORMATION 124.750MHz
D201A, D201B, *D201C, *D201D, D201F, D201G, *D201H, *D201I, *D201K, D202A-D	WEST WALES INFORMATION 122.155
D206, D215, D220A, D220B & D303.....	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES [* LONDON INFORMATION 124.750MHz
** LONDON INFORMATION 124.600MHz

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAIS) continued

*D207.....	HOLBEACH RANGE 122.755**
*D208.....	LAKEHEATH ZONE 128.900MHz
D213.....	COVENTRY INFORMATION 121.830MHz**
D217A-K.....	LLANBEDR INFORMATION 118.930
D218A-C.....	LONDON INFORMATION 124.750MHz
*D304 & D314.....	MANCHESTER APP 118.580
D307.....	DONNA NOOK RANGE 122.755
D324A & D324B.....	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES [* LONDON INFORMATION 124.750MHz
** LONDON INFORMATION 124.600MHz

LOWER AIRSPACE RADAR SERVICE (LARS) (See UK AIR ENR 1.6)

Boscombe Down	126.705(M)	Marham	124.155(M)
Bournemouth	119.480	Newquay	133.405
Brize Norton	124.280	Norwich	119.355
Cardiff	119.155	Plymouth Mill West	121.255
Corningsby	119.205(M)	Plymouth Mill East	124.150
Culdrose	134.055(M)	Sharnbury	133.155(M)
East Midlands	134.180	Southend	130.780
Exeter	128.980	Valley	126.230(M)
Farnborough West	125.250	Waddington	119.505(M)
Farnborough East	123.225	Yeovilton	127.355(M)
Farnborough North	132.800		

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UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

DROP ZONE	NATSU	AD or Alt Freq.
Becles	Norwich ATC	119.355** A/G 120.380
Boscombe Down	Boscombe Down ATC	126.705 TYWR 130.755
Chalgrove	Benson ATC	120.905* A/G 125.410
Chatteris	London Control	124.600 A/G 129.905
Dunkeswell	Exeter ATC	128.980* A/G 129.905 or 123.480
Hinton-in-the-Hedges	Brize Norton ATC	124.280 A/G 119.455 or 129.905
Keelvil	Brize Norton ATC	124.280
Langer	East Midlands ATC	134.180** A/G 122.240
Lashenden/Headcorn	Headcorn Radio	122.210
Llanbedr	Valley Radar	125.230* A/G 118.930
Netheravon	Netheravon DZ	128.305
Old Sarum	London Control	124.750 A/G 129.905
Perranporth	Newquay ATC	133.405 A/G 119.755
Peterborough/Silsdon	Marham ATC	124.155* A/G 129.905 or 120.330
South Caney	Brize Norton ATC	124.280 A/G 129.905
Swansea	Cardiff ATC	119.155* A/G 129.905
Tilstock	Sharnbury ATC	133.155 A/G 118.100
Weston on the Green	Brize Norton ATC	124.280 A/G 133.650

If unable to establish [* London Information 124.750
contact outside times [** London Information 124.600

LISTENING SQUARES (For SSR Operating Procedures see UK AIR ENR 1.6)

	Code	Monitor	Code	Monitor
Birmingham	0010	123.980	London City/Thames	0012 132.700
Bournemouth	0011	119.480	London Gatwick	7012 126.825
Bristol	5077	126.650	London Luton	0013 129.550
Brize Norton	3727	124.280	London Stansted	7013 120.625
Cardiff	3636	119.155	Manchester	7366 118.580
Doncaster/Sheffield	6170	126.225	Norwich	7350 119.355
East Midlands	4572	134.180	Oxford	4517 125.090
Farnborough LARS West	4872	125.250	Southampton/Solent	7011 120.230
Hawarden	4607	120.055	Southend	5050 130.780
Liverpool	5060	119.855		

VALIDITY OF AERONAUTICAL INFORMATION

Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 06/2025 (12 Jun 2025).
Updates to 1:500,000 Southern England & Wales are currently available at www.nats.aero/aia/s/r/s_eng.
Users are requested to refer corrections to this document to vtcharts@nats.co.uk.

