

SOUTHERN ENGLAND & WALES Frequency Reference Card - AIRPAC 04/2026 (16 Apr 2026)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G	AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
Alderney	EGJA		125.355		131.560	Little Risington	EGVL				120.780
Amundsbury Hill	EGSL				130.555	Little Snoring	EGPP	119.855	126.355		118.130
Andoverfield					123.180	Llanelwyl	EGFD				118.930
Badminton	EGYE	124.455(M)	120.430			London City	EGLC	132.700	118.080		
Barkston Heath	EGSM				120.380	London Gatwick	EGKK	126.835	124.230		
Beccles	EGBP				119.030	London Heathrow	EGLL	119.730	118.505		
Bedford	EGHJ				123.255	London Heliport	EGLW	134.280			
Bembridge	EGUB	120.905(M)	127.155			London Luton	EGGW	129.550	132.555		
Benson					118.390	London Stansted	EGSS	120.625	123.805		
Bicester	EGKB	134.605	134.805			Lydd	EGMD	120.705	119.380		
Biggin Hill	EGBB	123.980	118.395			Manchester	EGGC	118.580	118.630		
Birmingham	EGLA		122.305	122.305		Manchester/Barton	EGCB		120.255		119.930
Blackburne	EGLM				120.330	Manston Hill	EGVM	124.155(M)	118.330		
Boscombe Down	EGDM	126.705(M)	130.755		125.605	Marham	EGDI		122.100		
Bournemouth	EGHH	119.480	125.605		135.130	Merryfield	EGPI		118.605		
Brimpton	EGLP					Middle Wallop	EGVP	123.300			
Bristol	EGGD	125.650	133.850			Mildenhall	EGUN		122.550		
Brize Norton	EGVN	119.005(M)	123.730			More*	EGOQ		119.180	118.955	130.380
Caerleon	EGCK				122.255	Nantwich	EGDN			128.305	128.305
Cambridge	EGSC				120.965	Netherthorpe	EGNF			123.280	
Cardiff	EGFP	119.155	133.105		120.655	Newquay	EGHQ	133.405	134.380		
Cardiff Tremorfa	EGFC				125.410	North Weald	EGHX			123.530	122.705
Chalgrave	EGKE				118.685	Northampton/Sywell	EGBK				
Chickster/Goodwood	EGHR			122.465	122.455	Northolt	EGWU	126.450	120.675		
Clacton	EGSO				118.155	Norwich	EGSN	119.355	124.255		
Clench Common	EGHA				119.305	Nottingham	EGBN			134.880	
Compton Abbas	EGWA	119.205(M)	124.680		122.710	Oakeley Park	EGTW			132.230	
Coningsby	EGVC				135.880	Old Buckenham	EGVO	131.305(M)	119.230		124.405
Costord	EGWC	135.880	128.655		123.830	Old Sarum	EGLS			129.905	130.705
Coventry	EGBE				122.855	Old Warden	EGTH			130.705	
Cranfield	EGTC	122.855	134.930			Oxford	EGTK	125.090	133.430		124.965
Cranwell	EGVD	124.455(M)	125.055		122.775	Parham	EGFP			124.400	
Crowfield	EGSO				134.055(M)	Pembrey	EGPP			119.735	
Culdrose	EGDR			122.100	119.555	Peterborough/Conington	EGTP			129.730	
Dairyns Hall	EGML				129.730	Peterborough/Sibson	EGSP			120.330	
Deal/Denland	EGLD				130.730	Poplham	EGPH			128.805	
Derham	EGBD				118.355	Portland Heliport	EGPD			122.130	
Derby	EGTU	123.480			119.105	Predannack	EGPO		134.055	122.100	
Dunkeswell	EGTD				119.905	Redhill	EGRK			119.605	
Dunstable Downs	EGSU			122.080	122.080	Redford Gamsdon	EGHE			122.255	130.480
Duxford	EGUD				123.010	Rochester	EGTO				
Eagscott	EGSH				122.430	St Athan**	EGSY		122.865		
Earis Colne	EGNX	134.180	124.005		122.405	Scilly Isles/St Marys	EGHE	124.880	124.880		124.880
East Midlands	EGTR				129.880	Seething	EGSJ			118.435	128.380
Elstree	EGTN				128.980	Shackwell Lodge	EGSL			122.100	
Enstone	EGTE	128.980	119.805		123.430	Shanbury	EGSS	133.15(M)		132.255	
Exeter	EGVA				124.800	Shiphram	EGSA			118.155	118.155
Fairford*	EGTF				133.440	Shroton	EGBS	123.155	125.405		123.155
Falrocks	EGFL	133.440	122.780		122.930	Shrotonham	EGKA			130.280	
Farnborough	EGCL				135.705	Silverstone Heliport	EGBV			132.430	
Fenland	EGVF				135.705	Skegness	EGSV			131.965	
Fleetlands	EGMA				128.555	Skyports Heliport (London)	EGCV			122.465	
Fowlmere	EGBJ	128.555	122.905		131.280	Sleep	EGGI	122.730	118.205		
Gloucestershire					123.205	Souhampton***	EGMC	130.780	127.730		
Grandson Lodge					130.430	Stapleford	EGSG			122.805	
Great Oakley	EGJB	128.655	119.955		130.430	Stow Maries	EGSS			118.980	
Grove Farm	EGVN				130.430	Sturgate	EGCS			130.305	
Guernsey	EGFN				120.055	Swansea	EGFH	119.705		128.530	
Halton	EGFE				130.255	Syerston	EGYV			124.080	
Haverfordwest	EGNS	120.055	124.955		124.105	Talenhill	EGBM			122.100	
Hawarden	EGHS				127.580	Tern Hill	EGOE			118.280	
Henstridge	EGXH				119.280	Thrupton	EGHO			118.105	
Honington	EGHN				119.455	Tilstock	EGCT			118.205	
Husbands Bosworth	EGJJ	120.305	119.455		119.760	Treco	EGHT			122.180	
Jersey	EGKJ				118.430	Turweston	EGBT			124.105	
Kemble	EGBP				118.265	Upavon****	EGDJ			122.100	
Keyly	EGKN				122.100	Valley	EGOV	125.230(M)	122.100		
Kittyhawk	EGKF				131.030	Waddington	EGVW	119.505(M)	121.305		125.805
Lakenheath	EGUL	128.900(M)	122.100		122.210	Wattisham	EGUW	125.805	118.210		
Land's End	EGHC				122.210	Wattisham Mountford	EGBW			124.030	128.005
Lastam	EGHL				118.930	Weisshoop	EGCW				
Lastingham/Headcorn	EGKH				122.130	Weisshoop	EGCW				
Lee-on-Solent	EGHF				130.855						
Leicester	EGBG										
Little Gransden	EGMJ										
*Fairford - Initial contact frequency refer to Brize Norton											
(M) = MATZ Crossing Frequency											

***St Athan - Initial contact frequency refer to Cardiff

****Southampton/Solent - Initial contact frequency is 120.230

*****Upavon - Salisbury Information 122.775

SOUTHERN ENGLAND & WALES

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AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
West/Wales/Aberporth	EGFA			122.155	122.155
White Waltham	EGLM			122.605	122.605
Whiteknive	EGNV			122.455	
Wittering	EGXT			119.680(M)	127.980
Wolverhampton/					
Halfbranny Green	EGBO			123.005	
Wycombe Air Park/Booker	EGTB			126.555	
Wyeon	EGUY			130.805	125.405
Yeovil/Westland	EGHG			127.355(M)	126.855
Yeovilton	EGDY			127.355(M)	120.805

(M) = MATZ Crossing Frequency

SPECIAL USE AREA CROSSING SERVICE (SUACS)

D001	CULDRHOSE APP 134.055; Outside times SUAAS via LONDON INFO 124.750MHz
D003, D004, D006A-C, D007A-C, D008A-C, D009A & D009B	PLYMOUTH MIL 121.255; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D005A & D005B	CULDRHOSE APP 134.055; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D012, D013, D014, D017, D021, D023, D031, D036	PLYMOUTH MIL 124.150MHz; Outside times SWANWICK MIL via LONDON INFO 124.750MHz
D037, D038, D039, D040	PEMBREY RANGE 122.755; Outside times LONDON INFORMATION 124.750MHz
D118	PEMBREY RANGE 122.755; Outside times BOSCOMBE DOWN ZONE 126.705
D120, D122A-C	BOSCOMBE DOWN ZONE 126.705
*D123, *D124, *D125	BOSCOMBE DOWN ZONE 126.705; Outside times
*D126, *D127 & *D128	LONDON INFORMATION 124.750MHz
D129	OXFORD APP 125.090
D148	BOSCOMBE DOWN ZONE 126.705
D201A, D201B, *D201C, *D201D, D201E, D201G, *D201H, D201I, D201K, D202A, D202B, D202C & D202D	ABERPORTH RADAR 120.835MHz or WEST WALES RADAR 127.090
*D207	HOLBEACH RANGE 122.755
D218A	BRIZE RADAR 124.280
D218B	BRIZE RADAR 124.280 below FL180; SWANWICK MIL 128.700MHz at/above FL180
D218C	SWANWICK MIL 128.700MHz
D220A & D220B	MARHAM ATC 124.155
*D307	DONNA NOOK RANGE 122.755
D324A & D324B	WADDINGTON ATC 119.505

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAAIS)

D001, D003, D004, D006A-C, D007A-C, D008A-C, D009A & B, *D011A-C, D012, D013, D014, *D015, D017, D021, D023 & D031	LONDON INFORMATION 124.750MHz
D005A & D005B	SWANWICK MIL via LONDON INFO 124.750MHz
*D026	PLYMOUTH MIL 124.150MHz
D037, D038, D039 & D040	LONDON INFO 124.750MHz/124.600MHz or SOUTHAMPTON or JERSEY ATISus LYDD APP 120.705**
D044	EXETER APP 128.980MHz
D064B-C, D110, *D113A-B, *D115A-B & *D117	LONDON INFORMATION 124.750MHz
D18	PEMBREY RANGE 122.755*
D19	YEovilTON APP 127.335*
D120, D122A-C	BOSCOMBE DOWN ZONE 126.705
*D123, *D124, *D125	SALISBURY INFORMATION 122.755*
*D126 & *D128	BOSCOMBE DOWN ZONE 126.705*
*D127	BRIZE ZONE 119.005
*D130, *D132, D133-B, *D136, *D138A, D138B, *D138C & *D138D	FARNBOROUGH RAD 133.440MHz** SOUTHEND APP 130.780**
*D139	LONDON INFORMATION 124.600MHz
*D141	LYDD APP 120.705**
D147, D148, *D203, D211 & D216, *D201E, D201G, *D201H, *D201I, D201K, D202A-D	LONDON INFORMATION 124.750MHz
D201A, D201B, *D201C, *D201D, D201E, D201G, *D201H, *D201I, D201K, D202A, D220B & D305	WEST WALES INFORMATION 122.155
	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES

* LONDON INFORMATION 124.750MHz
** LONDON INFORMATION 124.600MHz

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAAIS) continued	HOLBEACH RANGE 122.755**
*D207	
*D208	LAKENHEAD ZONE 128.900MHz
D213	COVENTRY INFORMATION 123.830MHz**
D217A-K	LLANBEDR INFORMATION 118.930
D218A-C	LONDON INFORMATION 124.750MHz
*D304 & D314	MANCHESTER APP 118.580
*D307	DONNA NOOK RANGE 122.755**
D324A & D324B	LONDON INFORMATION 124.600MHz

OUTSIDE TIMES

* LONDON INFORMATION 124.750MHz
** LONDON INFORMATION 124.600MHz

LOWER AIRSPACE RADAR SERVICE (LARS) (See UK AIR ENR 1.6)

Boscombe Down	126.705(M)	Marham	124.155(M)
Bournemouth	119.480	Newquay	133.405
Brize Norton	124.280	North	119.355
Cardiff	119.155	Plymouth Mill West	121.255
Caningsby	119.205(M)	Plymouth Mill East	124.150
Culdrose	134.055(M)	Sharnbury	133.155(M)
East Midlands	134.180	Southend	130.780
Exeter	128.980	Valley	125.200(M)
Farnborough West	125.250	Waddington	119.505(M)
Farnborough East	123.225	Yeovilton	127.355(M)
Farnborough North	132.800		

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UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

DROP ZONE	NATSU	AD or Alt Freq.
Bacles	North ATC	119.355** A/G 120.380
Boscombe Down	Boscombe Down ATC	126.705 TYR 130.755
Chalgrove	Benson ATC	120.905 A/G 125.410
Chatteris	London Control	124.600 A/G 129.905
Dunkeswell	Exeter ATC	128.980* A/G 129.905 or 123.480
Hinton-in-the-Hedges	Brize Norton ATC	124.280 A/G 119.455 or 129.905
Keovil	Brize Norton ATC	124.280 A/G 122.240
Langar	East Midlands ATC	134.180** A/G 122.210
Lashenden/Headcorn	Headcorn Radio	125.230* A/G 118.930
Llanber	Valley Radar	125.230* A/G 128.305
Netheravon	Netheravon DZ	128.305 A/G 129.905
Old Sarum	London Control	124.750 A/G 119.755
Perranporth	Newquay ATC	133.405 A/G 129.905 or 120.330
Peterborough/Sibson	Marham ATC	124.155** A/G 129.905 or 120.330
South Cerney	Brize Norton ATC	124.280 A/G 129.905
Swansea	Cardiff ATC	119.155* A/G 129.905
Titchcock	Sharnbury ATC	133.155 A/G 118.100
Weston on the Green	Brize Norton ATC	124.280 A/G 120.090

If unable to establish * London Information 124.750
contact outside times ** London Information 124.600

LISTENING SQUAWKS (For SSR Operating Procedures see UK AIP ENR 1.6)

Code	Monitor	Code	Monitor
Birmingham	0010 123.980	London City/Thames	0012 132.700
Bournemouth	0011 119.480	London Gatwick	7012 126.825
Bristol	5077 125.650	London Luton	0013 129.850
Brize Norton	3727 124.280	London Stansted	7013 120.625
Cardiff	3636 119.155	Manchester	7366 118.580
East Midlands	4572 134.180	Norwich	7350 119.555
Farnborough LARS West	4572 125.250	Oxford	4517 125.090
Hawarden	4607 120.055	Southampton/Soleil	7011 120.230
Liverpool	5060 119.855	Southend	5050 130.780

VALIDITY OF AERONAUTICAL INFORMATION

Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 04/2026 (16 Apr 2026).
Updates to 1:500,000 Southern England & Wales are currently available at www.nats.aero/ais/vfr_s_eng.
Users are requested to refer corrections to this document to VCharts@nats.co.uk.

