

SOUTHERN ENGLAND & WALES
Frequency Reference Card - AIRAC 03/2025 (20 Mar 2025)

AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G	AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
Alderney	EGJA		125.355			Little Risington	EGVL				120.775
Almondsbury Hill					131.700	Little Snoring					118.130
Andrewsfield	EGSL				130.555	Liverpool	EGGP	119.855	126.355		
Badminton					123.180	Llanbedr	EGFD				118.930
Barkton Heath	EGYE	124.455(M)	120.430			London City	EGLC	132.700	118.080		
Beeches	EGSM				120.380	London Gatwick	EGKK	126.835	124.230		
Bedford	EGBF				119.030	London Heathrow	EGLL	119.730	118.505		
Bemburidge	EGHJ				123.255	London Heliport	EGLW	129.550	132.555		
Benson	EGUB	120.905(M)	127.155			London Luton	EGSS	120.625	123.805		
Bicester					118.390	London Stansted	EGMD	120.705	119.380		
Biggin Hill	EGKB	129.405	134.805			Lydd	EGCC	118.580	118.630		
Birmingham	EGBB	123.980	118.305			Manchester					
Blackbushe	EGLK				122.305	Manchester/Barton	EGCB		120.255		
Bodmin	EGLA				120.330	Manston Hill					119.930
Boscombe Down	EGDM	126.705(M)	130.755			Marham	EGYM	124.155(M)	118.330		
Bournemouth	EGHH	119.480	125.605		125.605	Merryfield	EGDI		122.100		
Brimpton	EGLP				135.130	Middle Wallop	EGVP	123.300	118.605		
Bristol	EGGD	125.650	133.850			Mildenhall	EGUN		122.550		
Brize Norton	EGVN	119.005(M)	123.730			More*	EGOO		119.180	118.955	
Caernarfon	EGCK				122.255	Nantclwyd					130.380
Cardiff	EGSC	120.965	125.905			Netherthorpe	EGDN			128.305	128.305
Cardiff Tremorfa	EGFC	119.155	133.105			Newquay	EGNF				123.280
Chalgrove	EGFL				120.655	North Weald	EGHQ	133.405	134.380		
Challcock	EGKE				125.410	Northampton	EGSX				123.530
Chichester/Goodwood	EGHR			122.465	118.685	Northampton/Sywell	EGBK				122.705
Claonon	EGSO				118.155	Northolt	EGWU	126.450	120.675		
Compton Common					119.305	Norwich	EGSH	119.355	124.255		
Compton Abbas	EGHA				122.710	Nottingham	EGBN				134.880
Coningsby	EGXC	119.205(M)	124.680			Oakey Park	EGTW				132.220
Costof	EGWC	135.880	128.655			Odham	EGVO	131.305	119.230		
Coventry	EGBE			123.830		Old Buckenham	EGSV				124.405
Cranfield	EGTC	122.855	134.930			Old Sarum	EGLS				129.905
Cranwell	EGVD	124.455(M)	125.055			Old Warden	EGTH			130.705	130.705
Crowfield	EGSO				122.775	Oxford	EGTK	125.090	133.430		
Culdrose	EGDR	134.055(M)	122.100			Parham					118.685
Dairys Hall	EGML				119.555	Pembrey	EGFP				124.400
Deanland	EGKL				129.730	Peterborough	EGTP				119.735
Derham	EGLD				130.730	Peterborough/Conington	EGSF				129.730
Derby	EGBD				118.355	Peterborough/Sibson	EGSP				120.330
Doncaster Sheffield	EGCN	126.225	128.775			Poplham	EGHP				129.805
Dunkestel	EGTU				123.480	Portland Heliport	EGDP				122.130
Dunstable	EGTD				119.105	Predannack	EGPO	134.055	122.100		
Dunstable Downs					119.905	Redhill	EGKR		119.605		
Eaglescott	EGSU			122.080	122.080	Redford Garmston	EGNE				130.480
Earls Colne	EGHU				123.010	Rochester	EGTO			122.255	
East Midlands	EGNR				122.430	St Athan**	EGSY		122.865		
Elstree	EGTX	134.180	124.005			Scilly Isles/St Marys	EGHE	124.880	124.880		124.880
Enstone	EGTN			122.405	122.405	Seething	EGSJ				118.435
Exeter	EGTE	128.980	119.805		129.880	Shackwell Lodge					128.380
Fairold*	EGVA				123.430	Sharnbury	EGOS	133.155(M)	122.100		
Fairoaks	EGTF	133.440	122.780			Shildham	EGSA				132.255
Farnborough	EGFL				122.930	Shobdon	EGBS		123.155	125.405	118.155
Fleetlands	EGVF			135.705		Shoreham	EGKA	123.155	125.405		123.155
Fowlmere	EGMA				135.705	Silverstone Heliport	EGBV			123.330	130.280
Gloucestershire	EGBJ	128.555	122.905			Skegness					132.430
Gransden Lodge					131.280	Skyports Heliport (London)					131.965
Great Oakley					123.205	Sleep	EGCV		122.730	118.205	
Grove Farm					130.430	Southampton***	EGHI				122.465
Guernsey	EGJB	128.655	119.955			Stapleford	EGMC		130.750	127.730	
Halton	EGWN				130.425	Stow Maries	EGSG				122.805
Haverfordwest	EGFE				123.605	Sturgate	EGCS				118.980
Hawarden	EGNR	120.055	124.955			Swansea	EGFH				119.705
Henstidge	EGHS				130.255	Syerston	EGXY				128.525
Honington	EGXH				124.105	Tatenhill	EGBM				124.080
Husbands Bosworth	EGHN				127.580	Terr Hill	EGOE			122.100	
Isle of Wight/Sandown	EGJJ	120.305	119.455		119.280	Thuxton	EGHO				118.280
Jersey	EGBP				118.430	Tilstock	EGCT				118.105
Kemble	EGKN				119.760	Treco	EGHT				122.180
Lakenheath	EGUL	128.900(M)	122.100			Turweston	EGBT				122.180
Land's End	EGHC		120.255			Upavon****	EGDJ				124.100
Lastham	EGHL				131.030	Valley	EGOV	125.230(M)	122.100		
Lastingham/Headcorn	EGHF				122.210	Waddington	EGXW	119.505(M)	121.305		
Lee-on-Solent	EGMF			118.930		Watisham	EGUW		125.805	118.210	
Leicester	EGBG				122.130	Wellesbourne Mountford	EGBW				125.805
Little Gransden	EGMJ				130.855	Westpool	EGCW				124.030
*Fairford - Initial contact frequency refer to Brize Norton						West Wales/Aberporth	EGPA			122.155	122.155
(M) = MATZ Crossing Frequency						**Mona - Initial contact frequency refer to Valley					
						**St Athan - Initial contact frequency refer to Cardiff					
						***Southampton/Solent - Initial contact frequency is 120.230					
						****Upavon - Salisbury information 122.755					

SOUTHERN ENGLAND & WALES

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AERODROME	INDICATOR	RAD/APP	TWR	AFIS	A/G
White Waltham	EGLM				122.605
Wickensby	EGLW				122.485
Wittering	EGXT	119.680(M)	127.980		
Wolverhampton/					
Halfpenny Green	EGBO		123.005		
Wycombe Air Park/Booker	EGTB		126.555		
Wytton	EGUY		126.855		
Yeovil/Westland	EGHG	130.805	125.405		
Yeovilton	EGDY	127.355(M)	120.805		

(M) = MATZ Crossing Frequency

SPECIAL USE AREA CROSSING SERVICE (SUACS)

D001.....CULDRPSE APP 134.055; Outside times SUACS
via LONDON INFO 124.750MHz

D003, D004, D006A-C, D007A-C,.....PLYMOUTH MIL 121.255; Outside times
D008A-C, D009A & D009B.....SWANWICK MIL via LONDON INFO 124.750MHz

D005A & D005B.....CULDRPSE APP 134.055; Outside times
SWANWICK MIL via LONDON INFO 124.750MHz

D012, D013, D014, D017, D021,.....PLYMOUTH MIL 124.150MHz; Outside times
D023, D031, D036.....SWANWICK MIL via LONDON INFO 124.750MHz
D037, D038, D039, D040.....

D118.....PEMBREY RANGE 122.755; Outside times
LONDON INFORMATION 124.750MHz

D120, D122A-C.....BOSCOMBE DOWN ZONE 126.705

*D123, *D124, *D125.....BOSCOMBE DOWN ZONE 126.705; Outside times
*D126, *D127 & *D128.....LONDON INFORMATION 124.750MHz

D129.....OXFORD APP 125.090

D148.....BOSCOMBE DOWN ZONE 126.705

D201A, D201B, *D201C, *D201D,.....ABERPORTH RADAR 120.855MHz or
D201F, D201G, *D201H,.....

*D201I, D201K, D202A, D202B,.....WEST WALES RADAR 127.090

D202C & D202D.....

*D207.....HOLBEACH RANGE 122.755

D218A.....BRIZE RADAR 124.280

D218B.....BRIZE RADAR 124.280 below FL160;
SWANWICK MIL 128.700MHz at/above FL160

D218C.....SWANWICK MIL 128.700MHz

*D307.....DONNA NOOK RANGE 122.755

D324A & D324B.....WADDINGTON ATC 119.505

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAIS)

D001, D003, D004, D006A-C,.....LONDON INFORMATION 124.750MHz
D007A-C, D008A-C, D009A & B,.....

*D011A-C, D012, D013, D014,.....

*D015, D017, D021, D023 & D031.....SWANWICK MIL via LONDON INFO 124.750MHz

D005A & D005B.....PLYMOUTH MIL 124.150MHz*

D036.....LONDON INFO 124.750MHz/124.600MHz
or SOUTHAMPTON or JERSEY ATIS/Ls

D037, D038, D039 & D040.....LONDON INFO 124.750MHz/124.600MHz

*D041.....LYD AP 120.705**

D061.....EXETER APP 128.980MHz

D064B-C, D110, *D113A-B,.....LONDON INFORMATION 124.750MHz

*D115A-B & *D117.....PEMBREY RANGE 122.755*

D119.....YEDEVILTON APP 127.355*

D120, D122A-C.....BOSCOMBE DOWN ZONE 126.705

*D123, *D124, *D125.....SALISBURY INFORMATION 122.755*

*D126 & *D128.....BRIZE ZONE 126.705*

D129.....BRIZE ZONE 119.005

*D130, *D132, D133-B,.....FARNBOROUGH RAD 133.440MHz**

*D136, *D138A, D138B,.....SOUTHEND APP 130.780**

*D138C & *D138D.....LONDON INFORMATION 124.600MHz

*D139.....LYD AP 120.705**

*D141,.....LONDON INFORMATION 124.750MHz

D147, D148, *D203, D211 & D216,.....LONDON INFORMATION 124.750MHz

D201A, D201B, *D201C, *D201D,.....WEST WALES INFORMATION 122.155

D201F, D201G, *D201H, *D201I,.....

D201K, D202A-D.....LONDON INFORMATION 124.600MHz

D206, D215 & D305.....HOLBEACH RANGE 122.755**

*D207.....LAKEHEATH ZONE 128.900MHz

*D208.....COVENTRY INFORMATION 123.830MHz**

D212A-K,.....LANDBEIR INFORMATION 118.930

D218A-C,.....LONDON INFORMATION 124.750MHz

*D304 & D314.....MANCHESTER APP 118.580

*D307.....DONNA NOOK RANGE 122.755**

D324A & D324B.....LONDON INFORMATION 124.600MHz

OUTSIDE TIMES [** LONDON INFORMATION 124.600MHz

[** LONDON INFORMATION 124.600MHz

LOWER AIRSPACE RADAR SERVICE (LARS) (See UK AIP ENR 1.6)			
Bournemouth	126.705(M)	Marham	124.155(M)
Bournemouth	119.480	Newquay	133.405
Brize Norton	124.280	Norwich	119.355
Cardiff	119.155	Plymouth Mill West	121.255
Coningsby	119.205(M)	Plymouth Mill East	124.150
Culdrose	134.055(M)	Shanbury	133.155(M)
East Midlands	134.180	Southend	130.780
Exeter	128.980	Valley	125.230(M)
Farnborough West	125.250	Waddington	119.505(M)
Farnborough East	123.225	Yeovilton	127.355(M)
Farnborough North	132.800		

(M) = MATZ Crossing Frequency

UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

DROP ZONE	NATSU	AD or Alt Freq.
Beccles	Norwich ATC	119.355** A/G 120.380
Boscombe Down	Boscombe Down ATC	126.705 TWR 130.755
Chalgrove	Benson ATC	120.905* A/G 125.410
Chatteris	London Control	124.600 A/G 129.905
Dunkeswell	Exeter ATC	128.980* A/G 129.905 or 123.480
Hinton-in-the-Hedges	Brize Norton ATC	124.280 A/G 119.455 or 129.905
Keelil	Brize Norton ATC	124.280 A/G 122.240
Langar	East Midlands ATC	134.180** A/G 122.210
Lashenden/Headcorn	Headcorn Radio	122.210 A/G 118.930
Llanbedr	Valley Radar	125.230* A/G 128.305
Netheravon	Netheravon DZ	128.305 A/G 129.905
Old Sarum	London Control	124.750 A/G 119.755
Perranporth	Newquay ATC	133.405 A/G 129.905 or 120.330
Peterborough/Silsdon	Methan ATC	124.155** A/G 129.905 or 120.330
South Cerney	Brize Norton ATC	124.280 A/G 129.905
Swansea	Cardiff ATC	119.155* A/G 129.905
Tilstock	Shawbury ATC	133.155 A/G 118.100
Weston on the Green	Brize Norton ATC	124.280 A/G 133.650

If unable to establish [* London Information 124.750
contact outside times [** London Information 124.600

LISTENING SQUAWKS (For SSR Operating Procedures see UK AIP ENR 1.6)

	Code	Monitor	Code	Monitor
Birmingham	0010	123.980	London City/Thames	0012 132.700
Bournemouth	0011	119.480	London Gatwick	7012 126.825
Bristol	5077	125.650	London Luton	0013 129.550
Brize Norton	3727	124.280	London Stansted	7013 120.625
Cardiff	3636	119.155	Manchester	7366 118.580
Doncaster Sheffield	6170	126.225	Norwich	7350 119.355
East Midlands	4572	134.180	Oxford	4517 125.090
Farnborough LARS West	4572	125.250	Southampton/Solent	7011 120.230
Hamwden	4607	120.055	Southend	5050 130.780
Liverpool	5060	119.855		

VALIDITY OF AERONAUTICAL INFORMATION

Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 03/2025 (20 Mar 2025).
Updates to 1:500,000 Southern England & Wales are currently available at
www.nats.aero/ais/vfl_s_eng.
Users are requested to refer corrections to this document to
vflcharts@nats.co.uk.

