

FREQUENCY REFERENCE CARD ADDITIONAL INFORMATION

UK FREE-FALL PARACHUTE DROP ZONE ACTIVITY

The Nominated Air Traffic Service Units (NATSU) and relevant site frequencies to be used are listed on each Frequency Reference Card. See UK AIP ENR 1.1 and ENR 5.5. Pilots are advised to assume the Drop Zone is ACTIVE if no information can be obtained.

SPECIAL USE AREA CROSSING SERVICE (SUACS) is available for certain Danger Areas. The relevant areas (identified on the chart by the prefix †) and Unit Contact Frequencies to be used are listed on each Frequency Reference Card. For availability of the services see UK AIP ENR 5.1.

SPECIAL USE AREA ACTIVITY INFORMATION SERVICE (SUAAIS) is available for certain Danger Areas shown on the chart (identified on the chart by the prefix §). The Nominated Air Traffic Service Units (NATSU) to be used are listed on each Frequency Reference Card. See UK AIP ENR 1.1. Pilots are advised to assume that a Danger Area is ACTIVE if no reply is received from the appropriate NATSU.

Danger Areas whose identification numbers are prefixed with an asterisk (*) contain airspace subject to regulations which prohibit entry during the period of activity. See UK AIP ENR 1.1.

NOTAM briefings & Prelight Information Bulletins (PIB): www.nats.aero/ais
AIS Information Line - details of Restricted Areas (Temporary), airspace upgrades, emergency restrictions of flying and Red Arrow flights: 08085 354802 or +44(0)1489 887515. Pilots are advised to call either of these numbers for up to the minute briefings prior to all flights.

UK NOTAM Office: +44(0)1489 612486/612489 (124)

VALIDITY OF AERONAUTICAL INFORMATION
Aeronautical information on this card includes relevant changes notified by UK AIP AMENDMENTS published up to AIRAC 01/2026 (22 Jan 2026).

Updates to the 1:500,000 VFR charts are currently available at:

- www.nats.aero/ais/vfr_s_eng
- www.nats.aero/ais/vfr_n_eng
- www.nats.aero/ais/vfr_scotland

Users are requested to refer corrections to this document to vfrcharts@nats.co.uk

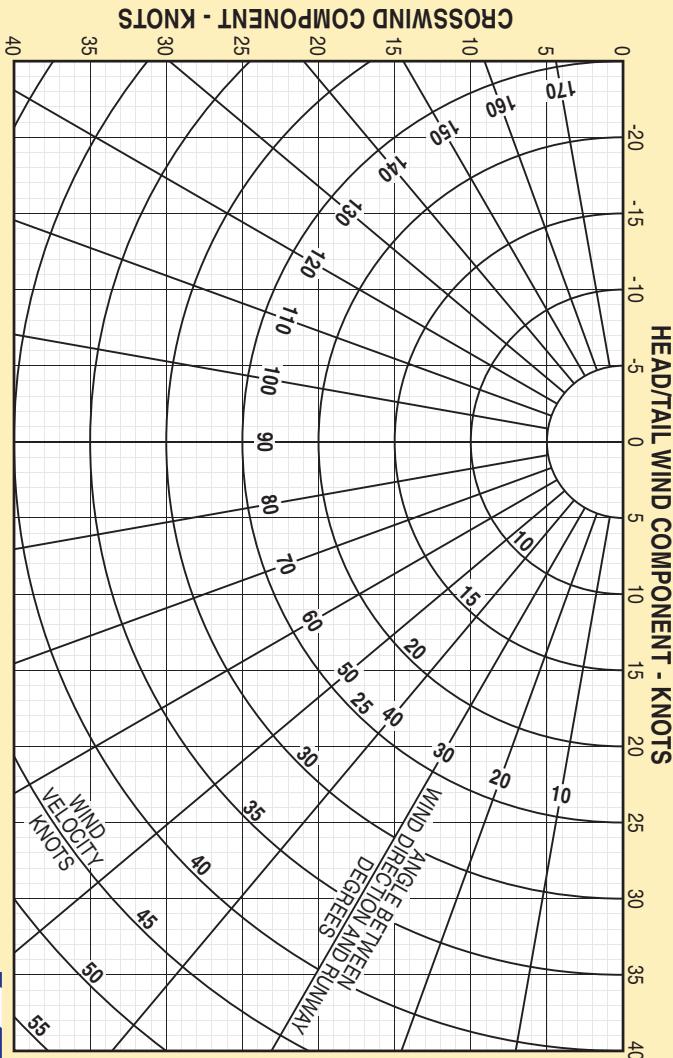
VOLUME FREQUENCIES	
LONDON	MAIN
LONDON	NORTH
LONDON	SOUTH
DUBLIN	127.005
SCOTTISH	125.725
SAFETYCOM FREQUENCY	135.480

CONVERSION TABLE

METRES	FEET/METRES	FEET
0-305	1	3-281
3-1	10	32-8
15-2	50	164-0
30-5	100	328-1
152-4	500	1604
	1000	3280-8

MORSE CODE AND ICAO PHONETIC ALPHABET

A	Alpha	—	J	Juliett	-----	S	Sierra	---
B	Bravo	---	K	Kilo	-----	T	Tango	-
C	Charlie	---	L	Lima	---	U	Uniform	---
D	Delta	---	M	Mike	---	V	Victor	---
E	Echo	.	N	November	..	W	Whiskey	---
F	Foxtrot	---	O	Oscar	---	X	X-ray	---
G	Golf	---	P	Papa	---	Y	Yankee	---
H	Hotel	---	Q	Quebec	---	Z	Zulu	---
I	India	..	R	Romeo	..			



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